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'ROOM 104'

Mark Duplass gets us pumped for season 2. 18-19

How #MeToo, Russian hacking impacted 'The Girl in the Spider's Web.' 20

Phillies interested in Japanese star Yusei Kikuchi. 28

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FREE SESSIONS

After months of insults, criticism, and speculation about his removal as attorney general, Jeff Sessions was finally fired Wednesday by President Trump. 2

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8 THINGS TO KNOW

Trump fires Sessions, vows to fight Democrats if they launch probes

Sessions' chief of staff Matthew Whitaker was named acting AG.

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President Donald Trump on Wednesday forced out Attorney General Jeff Sessions a day after congressional elections, and vowed to fight if the U.S. House of Representatives' new Democratic majority launches probes into his administration.

Sessions — an early Trump supporter who ran afoul of the president by recusing himself from an investigation into Russian meddling in the 2016 White House campaign — said in a letter to Trump that he had submitted his resignation "at your request."

The 71-year-old former U.S. senator was informed on Wednesday morning by White House Chief of Staff John Kelly in a phone call that it was time to go, said an aide who spoke on condition of anonymity.

Sessions' departure was the first in what could be a string of high-profile exits as Trump reshapes his team to gird for his own 2020 re-election effort. The Republican president named Sessions' chief of staff, Matthew Whitaker, as acting attorney general and said he would nominate someone for the job soon.

Deputy Attorney General Rod Rosenstein was visiting the White House on Wednesday afternoon for what was described by an administration official as a regularly scheduled meeting.

"I could fire everybody right now, but I don't want to stop it, because politically I don't like stopping it."
President Donald Trump

Nancy Pelosi, the House Democratic leader who could be the next speaker, called Sessions' ouster a "blatant attempt" to undermine the Russia probe and urged Whitaker to recuse himself from any involvement in a statement posted to Twitter.

During a combative news conference in which he tangled with reporters, Trump trumpeted his role in Republican gains in Tuesday's midterm congressional elections, and warned of a "warlike posture" in D.C. if Democrats investigated him.

Democrats will now head House committees that can probe the president's tax returns, which he has refused to turn over since he was a candidate, as well as possible business conflicts of interest and any links between his 2016 campaign and Russia, a matter being investigated by U.S. Special Counsel Robert Mueller.

Trump said he could fire Mueller if he wanted but was hesitant to take that step. "I could fire everybody right now, but I don't want to stop it, because politically I don't like stopping it," he said.

Moscow denies meddling. Trump, calling the Mueller probe a witch hunt, has repeatedly said there was no collusion.

Trump was buoyed Wednesday by victories that added to the Republican majority in the Senate, telling reporters at the White House that the gains outweighed the Democrats' House takeover. He added that he was willing to work with Democrats on key priorities but felt any House investigations of his administration would hurt prospects for bipartisanship.

"They can play that game, but we can play it better," Trump said of the possibility of Democratic investigations. REUTERS

2 COMCAST TO ROLL OUT VIDEO-STREAMING DEVICE

Comcast Corp. is planning to launch a product that will allow its broadband subscribers to aggregate some video-streaming applications, including Netflix, Amazon Prime and YouTube, according to a source familiar with the matter. The product, set to be launched next year, will come with a voice-activated remote and will first be a set-top box, but it could turn into an app itself, the source said. Comcast has not decided how much it will charge per month for the device and how many apps will be accessible through the device, the source said. The move comes as the online streaming market continues to get crowded, while viewers have to navigate through several sources. Comcast's new product will not have cable TV, unlike its X1 platform, but will give users the option to rent movies and shows, the source said. Cable operators had been wary of competition from the online streaming video services companies, but many have now concluded that welcoming them will help fight cord cutting. CNBC had first reported the plans.

3 DEAD BROTHEL OWNER WINS ELECTION IN NEVADA

A brothel-owning, evangelical Christian-backed Republican candidate who died last month won his race for the Nevada state legislature late on Tuesday, according to state election officials. Dennis Hof, 72, defeated Democratic candidate and educator Lesia Romanov in the race for Nevada's 36th Assembly District, earning about 68 percent of the vote. County officials said they would appoint a replacement candidate from the same party for his seat. A representative for Romanov did not immediately respond to a request for comment. Hof, who presented himself as an American pimp, was a strip-club owner who ran multiple brothels. He had nicknamed himself the "Trump from Pahrump," after the town where he lived in Nevada. In a June interview with Reuters at Moonlite BunnyRanch, his brothel near his home in Pahrump, Nevada, Hof said his political fortunes had parallels with those of President Donald Trump. "This really is the Trump movement," Hof said. "People will set aside for a moment their moral beliefs, their religious beliefs, to get somebody that is honest in office."

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First four women ever elected to rep Pennsylvania in Congress

The 2018 midterms will go down in state history: Four women became the first female U.S. representatives from the state.

SAM NEWHOUSE
sam.newhouse@metro.us

From left: Chrissy Houlahan, Mary Gay Scanlon and Madeleine Dean. PROVIDED

While the "blue wave" didn't quite materialize, Democrats did take control of the House of Representatives, and the midterm elections will still go down in history as cementing 2018 as another "year of the woman."

In Pennsylvania, four women, all Democrats, were elected to Congress — the first women ever to be elected to the state's congressional delegation. It was a victory for the Democratic party following the state's Supreme Court decision that found the state's districts were unconstitutionally gerrymandered and gave unfair weight to Republican voters.

"Our democracy may not be perfect, but it is our greatest hope, and that of many around the world. The light of our nation shines a bit brighter today," said U.S. Representative-elect Mary Gay Scanlon, elected to represent the new 5th District, covering most of Delaware County. "Each and every one of you share a piece of this victory. Thank you, from the bottom of my heart."

Scanlon won, along with Madeleine Dean in the 4th District (Montgomery County), Chrissy Houlahan in the 6th District (Chester County) and Susan Wild in the 7th District (Northampton and Lehigh counties).

The last "year of the woman" was 1992, when more women were elected to Congress than in any year prior, in what was identified as a backlash to the nomination of Supreme Court Justice Clarence Thomas following testimony from his former subordinate at the Equal Employment Opportunity office, now-Brandeis University professor Anita Hill, that he sexually harassed her while on the job.

"Our victory tonight belongs to you. Thank you, PA-06," Houlahan said in a statement after her victory. "I couldn't be prouder to be your next Representative."

Nationwide, the midterms seemed to be in large part a referendum on President Donald Trump. The newly elected Democrats all rejected Trump's policies and platforms across the board.

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"To all the women and men who knocked [on] doors, phone-banked, put signs out in their yards, convinced a neighbor to vote, showed up, spoke truth to power, and cast their ballots yesterday: thank you, thank you, thank you," Wild said after her win. "This win is yours. There's just one thing left to say: Let's get to work."

Some credited the wins to greater participation of youth voters and voters of color — like NextGen PA, a political action committee funded by liberal billionaire Tom Steyer.

"Today, young Pennsylvanians turned out in record numbers to overwhelmingly reject the agenda of bigotry and fear used by Republicans like Scott Wagner and Lou Barletta, and elect a record number of women to Congress," NextGen PA said in a statement after the midterms. "NextGen Pennsylvania is proud of the work it has done to register, engage, and empower the young voters who represent the future of American politics, and we will continue our work to build a more inclusive and just democracy here in Pennsylvania."

The races didn't break down completely along gender and party lines.

State Rep. Martina White, a Republican whose district is partly in Northeast Philly and partly in Bucks County, won her campaign for re-election despite the district reportedly having a two-to-one ratio of Democrat to Republican residents.

And longtime community activist Patty-Pat Kozlowski, a former Philly Parks and Recreation employee, lost her race as a GOP nominee to become Pa. State Rep. for the 177th district in Northeast Philly, long held by retiring Republican State Rep. John Taylor. She was defeated by Democrat Joe Hohenstein.

"To all the women and men who knocked [on] doors, phone-banked, put signs out in their yards, convinced a neighbor to vote, showed up, spoke truth to power and cast their ballots yesterday: thank you, thank you, thank you."

Susan Wild

In the 1st Congressional District, representing Bucks County, Republican U.S. Rep. Brian Fitzpatrick edged out Democratic challenger Scott Wallace.

In other Philly-area Congress races, Democrat Brendan Boyle was elected to represent the 2nd District, and U.S. Rep. Dwight Evans won re-election to represent the 3rd District.

Other notable women elected in the Philly area include new Democratic state rep.-elects Elizabeth Fiedler and Mary-Louise Isaacson (former chief of staff to the late state rep. Mike O'Brien).

Democrat Malcolm Kenyatta, a North Philly native, became the first gay African-American man elected to the state legislature after winning his race for Pa. state rep. for the 181st District.

Female candidates 'tired of waiting' make record gains in US Congress

First-time political candidate Jahana Hayes has a simple explanation for why she — and a record number of other women — ran for seats in the U.S. Congress this year.

"Many women like me are just tired of waiting for someone else to do it," said Hayes, who was elected Tuesday to represent a broad swath of western Connecticut in the House of Representatives.

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In Tuesday's elections, there were 237 women on ballots for House seats and at least 96 had won their races as of Wednesday afternoon, shattering the previous record and surpassing the 84 women currently in the House, according to the Center for American Women and Politics at Rutgers University. Eighty-four of the women who won were Democrats.

The first three House seats Democrats wrested from Republicans were won by women. The enthusiasm for women's candidacies had Democrats on track to pick up around 30 seats, with some races still undecided, more than the 23 they needed to gain control of the chamber.

As catalysts for their political engagement, many of them also cited the #MeToo movement against sexual assault, Trump's 2016 election despite multiple sexual misconduct allegations, and the confirmation of Supreme Court Justice Brett Kavanaugh after allegations about his sexual misconduct in high school were made by Christine Blasey Ford.

Nearly 80 percent of the women competing in House races this year were, like Hayes, Democrats, according to the center's data. But their stories, politics and reasons for seeking office were varied.

Women from Michigan and Minnesota will be the first Muslim women in the House. Candidates from Kansas and New Mexico will be the first Native American women in Congress. Texas elected two Latinas to the House for the first time. Some women who won are veterans; others used to work for the CIA.

Hayes, who will be the first black woman to represent Connecticut in Congress, grew up in public housing and openly talks about her mother's past substance abuse. REUTERS

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On Tuesday, 29-year-old Alexandria Ocasio-Cortez of New York made history as the youngest woman ever elected to Congress.

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THE CHARGE OF THE DEMOCRATS

ANALYSIS

TOM FOREMAN

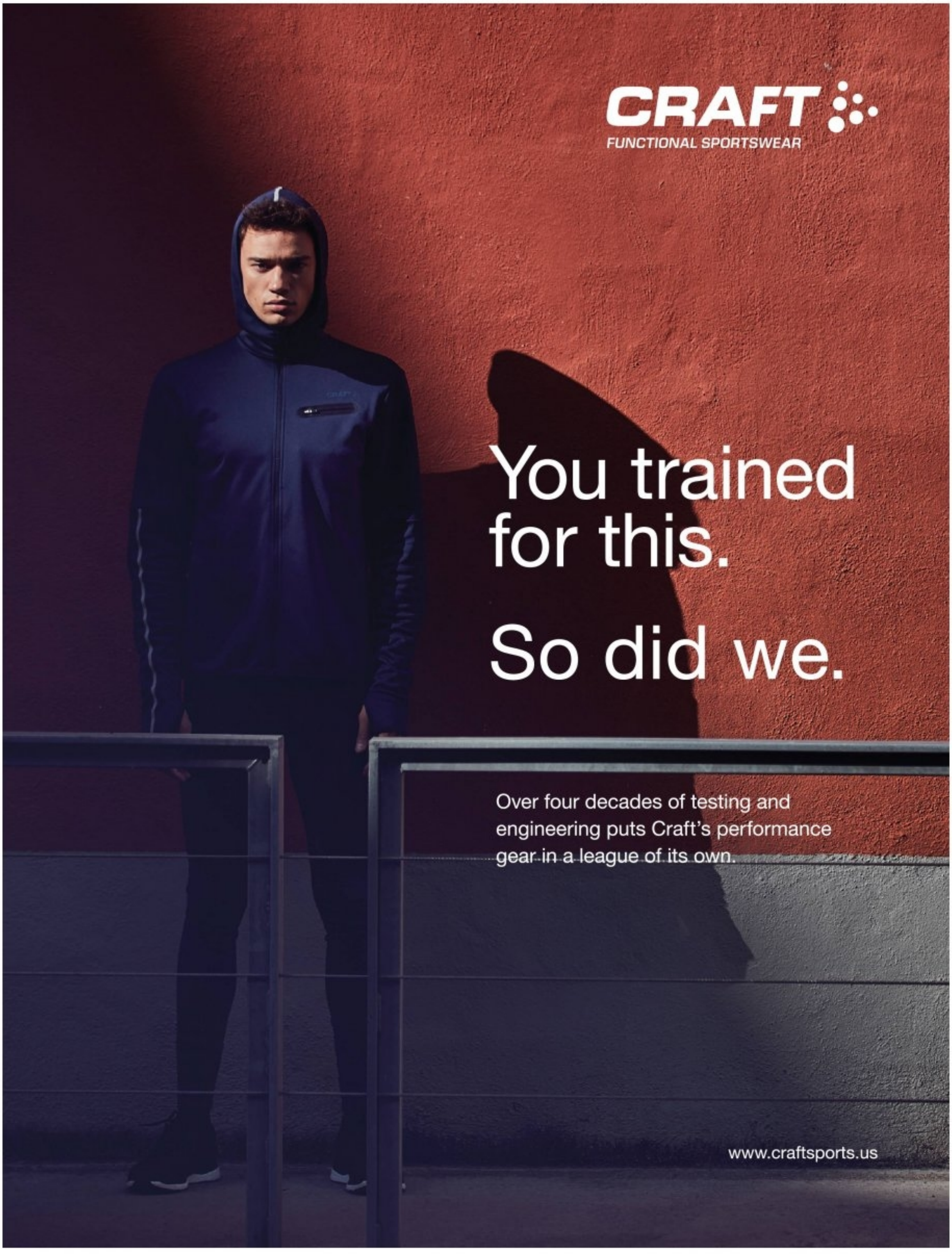
Just as I predicted, the midterm election did not produce the "blue wave" Democrats hoped for. While they took control of the U.S. House of Representatives and scored some important wins in state governments, the Republicans also strengthened their hold on the Senate and racked up their own victories back home. Neither party came out with a clear nationwide mandate, and the war of political polarity rages on.

But Democrats decidedly have something to celebrate, because they gained two critical powers in the House — the power to stop, and the power to start. Their newfound majority can stop President Donald Trump's entire legislative agenda. All that Republican chatter about a GOP version of immigration reform, new tax cuts, trade deals, and infrastructure investments could come to a screeching halt if it does not reasonably satisfy Democratic demands.

And what might the Dems start? Investigations. Lots of them. With majority control, they can launch probes into spending, travel, secret meetings and more by member of the Trump administration. They can dig into those conflict-of-interest questions swirling around Trump's political influence and his family's business empire. They can even give political cover to the Russia investigation, knowing if Trump tries to shut it down, they now have the strength to legitimately push for impeachment.

Trump, as you might expect, has already met this political threat with one of his own, tweeting: "If the Democrats think they are going to waste Taxpayer Money investigating us at the House level, then we will likewise be forced to consider investigating them for all of the leaks of Classified Information, and much else, at the Senate level. Two can play that game!"

But that's the point, isn't it? Last week, for practical purposes only one party was on the playing field. Now there truly are two. And while the Democrats are still the underdogs, their old guard has been here before and knows how to make a lot out of even a little political power. That's a game changer, even if it's not the "blue wave" they wanted.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President Donald Trump gets into an exchange with CNN reporter Jim Acosta during Wednesday's news conference. GETTY IMAGES

Defiant Trump blames media, fellow Republicans for House losses

The day after his party lost its lock on Congress, President Donald Trump walked into a White House press conference ready for political combat, name-checking Republicans whom he blamed for losing their seats and lashing out at reporters who challenged his assertions.

Republicans lost control of the House of Representatives to Democrats, but Trump shrugged that off, casting Tuesday's congressional election results as "very close to complete victory" for Republicans and saying he could negotiate easier on some issues with Democrats, anyway. Republicans kept their Senate majority.

Trump briefly sought to strike a statesmanlike tone in his first public remarks after the loss, praising House Democratic leader Nancy Pelosi for her hard work and envisioning "a beautiful, bipartisan type of situation" on infrastructure investments and health care.

But his news conference, which stretched close to 90 minutes, quickly turned raucous when some reporters pushed him on whether his campaign rhetoric on migrants from central America was divisive — and on developments in a federal investigation into Russian interference in the 2016 presidential election and any coordination between Moscow and the Trump campaign.

Trump aggressively pushed back.

"CNN should be ashamed of itself, having you working for them," Trump told CNN correspondent Jim Acosta, who wrestled with a White House staffer who forcibly pulled the microphone from his hands.

"You are a rude, terrible person," Trump told Acosta.

To PBS NewsHour's Yamiche Alcindor, who asked him about white nationalists emboldened by Trump labeling himself a "nationalist," Trump said he was insulted.

"That's such a racist question," said Trump, who has made accusations of unfair coverage from the media a staple on the campaign trail.

Even as Trump mused about working with Democrats, he was quick to promise a "warlike posture" if the Democratic controlled House opens investigations into his administration.

"They can play that game, but we can play it better," he said.

Trump took credit for his Republican Party's gains in the Senate, casting those results in historic terms. He said he "stopped the blue wave," noting nine of 11 candidates whom he stumped for in the final week of the race won.

But he expressed frustration that 43 House Republicans retired rather than seek re-election, saying that hurt his party.

He took a jab at "grandstanding" congressmen from his own party whom he said would have made it difficult to get legislation through the House, had Republicans eked out a narrow win in the chamber.

Trump took the rare step of mocking Republican candidates who kept their distance from him during the campaign because of concerns that his divisive messages on immigration would turn off voters — but lost anyway.

He singled out Peter Roskam of Illinois, Erik Paulsen of Minnesota, John Faso of New York, and New Jersey senate candidate Bob Hugin.

"Carlos Curbelo, Mike Coffman — too bad, Mike," he said, referring to losing Republican congressmen in Florida and Colorado contests. REUTERS

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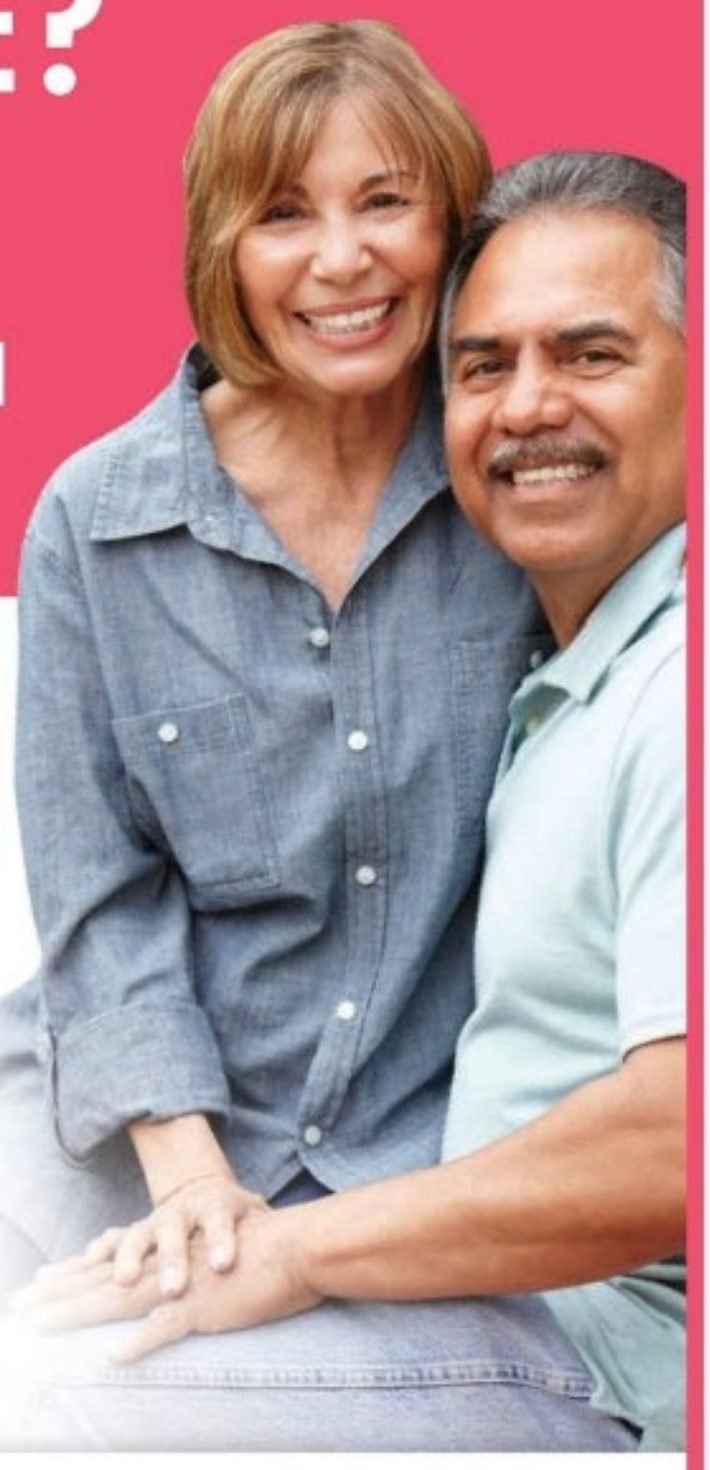

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Could Earth make contact with alien life via a laser beam shot into space? GETTY IMAGES

MIT study suggests beaming high-powered laser into space could attract alien life

A laser beam could be a "planetary porch light," calling to alien life across our galaxy.

KRISTIN TOUSSAINT
kristin.toussaint@metro.us

Are aliens real? Harvard astronomers suggested a recent unidentified object may have been an alien spacecraft investigating Earth, and now, an MIT study proposes using a high-powered laser as a "beacon" to attract alien life, if it does exist in our galaxy.

The MIT research, recently published in The Astrophysical Journal, suggests that a 1- to 2-megawatt laser focused through a large (about 98 to 148 feet) telescope could act as a "planetary porch light," calling out to potential alien life as far as 20,000 light years away.

"This would be a challenging project, but not an impossible one," said author James Clark in a statement. "The kinds of lasers and telescopes that are being built today can produce a detectable signal, so that an astronomer could take one look at our star and immediately see something unusual about its spectrum. I don't know if intelligent creatures around the sun would be their first guess, but it would certainly attract further attention."

The laser beam would stand out from the sun's energy, according to Clark, and could be used to send brief messages through "pulses," similar to Morse code.

Of course, there has to be alien life to receive the signal. Around TRAPPIST-1b, a star approximately 40 light years away, there are three exoplanets (planets that orbit a star outside of our solar system) which are potentially habitable.

The laser beacon to alien life should be built upon a mountain, according to Clark, in order to minimize the amount of atmosphere the beam would have to break through before shining into space.

'Oumuamua is the first known interstellar object to enter our solar system, and it was discovered in October 2017 by a telescope system in Hawaii. After research found that 'Oumuamua was not a comet, many took to Twitter to share their thoughts that this object was actually a sign of alien life.

In a new paper, researchers at the Harvard Smithsonian Center for Astrophysics brought up that possibility.

"'Oumuamua may be a fully operational probe sent intentionally to Earth vicinity by an alien civilization."

Harvard researchers

"'Oumuamua may be a fully operational probe sent intentionally to Earth vicinity by an alien civilization," the researchers wrote in the paper, which has been submitted to The Astrophysical Journal Letters.

The Harvard researchers suggest 'Oumuamua could be a solar sail, "floating in interstellar space as a debris from an advanced technological equipment."

Other astronomy experts, however, disagree. Alan Jackson of the Centre for Planetary Sciences at the University of Toronto Scarborough published a paper in March suggesting 'Oumuamua looks like an asteroid or comet, not a solar sail, originating from a system with two stars.

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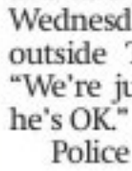
Philly cop shot in leg in Kensington showed 'valor': Commissioner

Officer Paul Sulock kept chasing a suspect after being shot in the leg.



SAM NEWHOUSE
sam.newhouse@metro.us

Philadelphia Police Officer Paul Sulock. PPD

Two suspects are under arrest after a Philadelphia Police officer was shot in the leg in Kensington while breaking up a potential firefight — and after being shot, still managed to chase down one of the suspects.

Officer Paul Sulock, 31, a 10-year veteran of the force assigned to the 24th District, was listed in stable condition at Temple University Hospital Wednesday after sustaining a gunshot to the leg.

"A police officer was shot doing his job, doing it bravely, and then subsequently chas[ed] down the person who shot him, which is no doubt valor to its highest degree," Philadelphia Police Commissioner Richard Ross said at a press conference Wednesday afternoon outside Temple hospital. "We're just thankful that he's OK."

Police said Sulock was on routine patrol at around 11:09 a.m. when he and his partner encountered two men in an "armed altercation" near G and Madison streets. The suspects were crouched behind cars on either side of the street, and at least one was armed.

When Sulock and his partner attempted to intervene, the armed suspect fired at the officers, hitting Sulock in the right leg.

Incredibly, despite sustaining a gunshot, Sulock chased one of the suspects down and was able to detain him before other officers transported Sulock to Temple. He was first listed in critical but stable condition, and later upgraded to stable condition.

"It unfolded in seconds," Ross said. "They no doubt interrupted a shooting, that was what was going to happen. They probably saved the life of the guy who ended up shooting him. And that's ironic."

Officers returned fire but did not strike the suspects, who were both later taken into custody.

Neither of the suspects was identified as of press time.

Sulock, the son of another police officer, is married with four children.

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Karen James is a noted journalist who specializes in relationships, romance, and sex.

The Amazing Sex Secret of a 78 Year-Old'Italian Stallion'

"My husband shocked me with more sexual passion than he's had in years. He took me in the bedroom like we were newlyweds and gave me a night I'll never forget"

The Inside Story on Great Sex!

This week I got a letter from a reader about a "little secret" that has made her sex life with her husband absolutely explosive! (Those Texas women are spicy!)

Tina writes:

Dear Karen,

For years my husband and I had a great love life. He was sexy and passionate and so confident. But when he reached his 50s, he started to struggle in the bedroom. The few times we did have sex, his erection was definitely softer, leaving us both unsatisfied. He tried every product out there; prescriptions, creams, testosterone boosters, enhancement pills… but nothing worked. I know this is terrible, but I found myself thinking "My strong, passionate husband has become a sexual weakling." I had no idea it would all turn around in just 3 weeks!

Last month, he came home from a business trip in Europe and shocked me with more sexual energy and passion than he's had in years. Hard as a rock, he tossed me around the bedroom like we were newlyweds' and gave me a night I'll never forget! It was incredible – and so exciting!

He flat wore me out that night and it's been like that ever since. His erections are harder than ever, and the best part is his climax is so long and powerful, they spark the most intense, toe-curling 'moments' I've ever had! So here we are, enjoying the best sex of our lives… in our late 50's!

When I asked my husband what caused such a dramatic change, he said on his trip he stayed in a hotel room next to an Italian nutritionist and his wife. Through the walls, he heard them passionately making love every single night, and sometimes again in the morning. One afternoon, he saw the husband leave their room and he couldn't believe it. The man looked much too old to be having so much sex.

My husband couldn't help himself, so he asked the man his secret. The nutritionist smiled, introduced himself as Vito, and in broken English told my husband that he was 78 years old, his wife 65, and that after 32 years of marriage, their sex life was still fantastico! Then he pulled a small pack of tablets from his satchel, gave it to my husband, and said "These come from a small village in the north where they're made naturally from the most densely rich sexual extracts on earth. Believe me, they will make you harder than you can imagine and give you a climax like you've never felt before!" Then he laughed and said, "You'll become an Italian Stallion like me!"

Italian Stallion is right! These past several weeks have been a dream. My husband's desire for me is through the roof. He takes me whenever he wants, and he even wakes up most days with a 'morning salute!' like he did years ago. I love it! He's a sexual powerhouse, beaming with confidence, and our marriage is stronger than ever.

Karen, here's why I'm writing you. The pack of tablets is about to run out and we both desperately want more. I've looked everywhere but can't find them. Do you know anything about these "super-sex tablets" from Europe and how to get some here in the States?

Sincerely,
Tina C.,
Fort Worth, TX

Tina, you and the rest of my readers are in luck because I do know about these secret European sex tablets.

Ever wonder why men from Italy, Spain, Greece, and all over Europe are famous worldwide for staying energized, passionate and sexually active well into their golden years? Well, for decades, these men have relied on a unique blossom extract called Provarin to enhance their sexual power and performance.

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The best part from a woman's perspective, as you well know, is the extreme hardness and on-going power is enough to send us over the blissful edge! I found out about Provarin a few years ago when I was dating a cowboy from Wyoming. He took Provarin every morning and believe me, that good ol' boy sure rocked my nights!

All-natural and safe to take, Provarin is still a well-kept secret for those in the know - and they like to keep it that way. It's an old-school, family business and product is still harvested by hand twice a year. They don't seek publicity or do any advertising. They don't need to. Long-time customers and word of mouth ensures their limited stock is sold out every year.

They do have a distributer here in the U.S. and a spokesman told me they are proud to produce the highest quality product for men and couples. He went on to say that if any of my readers call today and mention this article, they'll get a one-time 50% discount and free priority shipping!

Wow, so there you go, Tina - and the rest of you readers! Just give them a call today and mention this article. The number is 1-800-957-8797.

Aren't you glad you asked?

Karen

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1.4 Million ex-felons regain right to vote in Florida: Here's what it means

Amendment 4 could have made a real difference in Florida's razor-thin governor and Senate races.

MICHAEL MARTIN
letters@metro.us

It has been called the biggest restoration of voting rights in decades. On Tuesday, Florida voters approved a ballot measure to restore the vote to 1.4 million people convicted of felonies, a move that could have significant repercussions in the swing state.

Florida's Amendment 4 was approved 64 to 35 percent. It will re-enfranchise people who were convicted of felonies but have completed their sentences, including prison, parole and probation. It does not apply to people convicted of murder, sex crimes or violent offenses.

The state's current voting ban dates back to the Reconstruction era and disproportionately affects African-Americans. More than 20 percent of otherwise eligible black voters in Florida are unable to vote because of it. That's about 6 percent of the state's total voting-age population, according to 2016 estimates by the Sentencing Project.

The group Floridians for a Fair Democracy gathered more than 1.1 million signatures on a petition to put Amendment 4 on the ballot. The initiative drew bipartisan support, from the American Civil Liberties Union to the Koch brothers-funded Freedom Partners. "We are fighting just as hard for that person that wishes he could vote for Donald Trump as that person who wanted to vote for Barack Obama or Hillary Clinton," said Desmond Meade, leader of the Florida Rights Restoration Coalition, to Mother Jones last August. "We don't care about how a person may vote. What we care about is that they have the ability to vote. That is our compass."

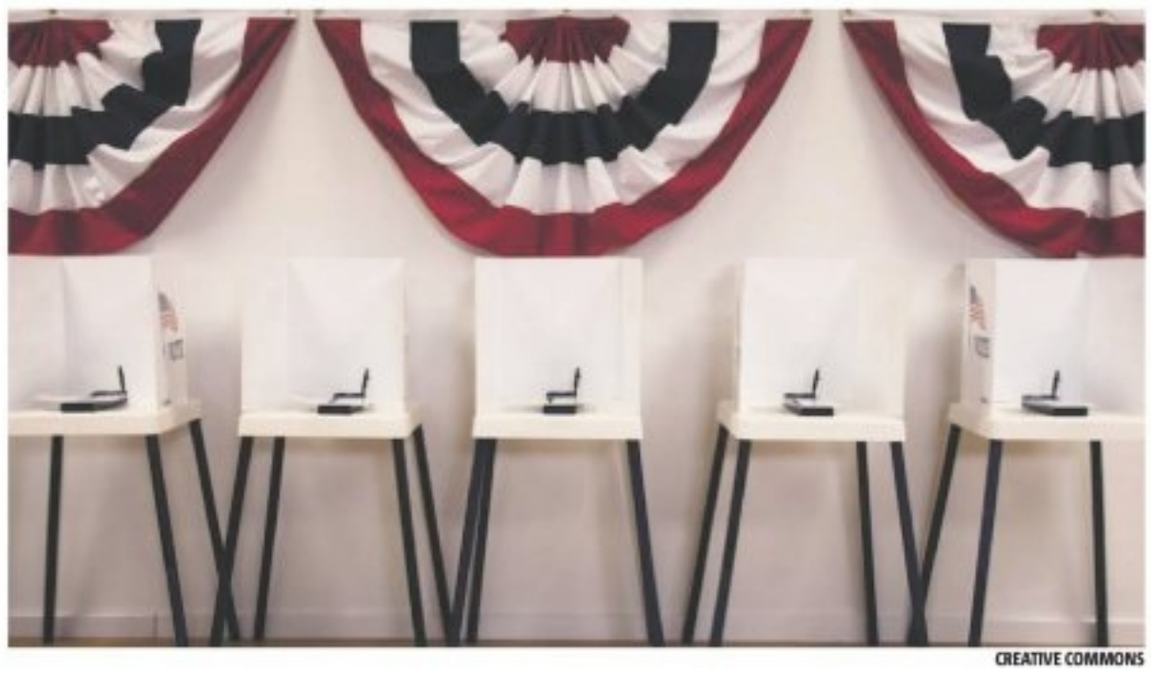
Several states currently prevent convicted felons from voting, but only three states — Kentucky, Iowa and, previously, Florida — withhold the right after sentences have been completed. Before yesterday, the only way to regain voter rights in Florida was to be granted clemency by the governor. Previous Florida Gov. Charlie Crist re-enfranchised 40,000 ex-felons during his time in office.

But in 2011, current Florida Gov. Rick Scott changed the process to an application that required a five- to seven-year wait. According to the Orlando Sentinel, the average applicant waited 10 years just to get a response to his or her application, and the waiting list swelled to 10,000 people.

As a result, Florida had disenfranchised more people than any other state, Vox noted.

Florida's current Senate race between Scott and Democratic incumbent Bill Nelson may be headed for an automatic recount, with Scott leading Nelson by only 30,000 votes as of Wednesday night. On Tuesday, Andrew Gillum came up short in his bid to become the state's first African-American governor — by 50,879 votes, or about .06 percent of the total.

In the 2016 presidential election, Donald Trump won the state over Hillary Clinton by 112,911 votes, or 1.2 percent of the total.



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— **James Dunlavey,** ***Metro US reader***

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Usually if someone is forcing themselves into a seat they cannot fit, they're too tired to stand and sitting (even on the edge of the seat) is more comfortable. Common courtesy would be to stand and allow the person to sit back. That way you can take what you deem is the proper amount of space, to sit and stand.
— **Yanara P.,** ***Metro US reader***

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#metrophilly caption this photo

The winning caption from Ali, *Metro US reader*

metro.us/horoscopes

Aries Take care of unfinished business. Something fun, romantic or rejuvenating should be scheduled, once your responsibilities are out of the way.

Taurus Set your plans in motion and don't stop until you reach your goal. Discipline and hard work will pay off and will give your reputation a boost. Advancement is favored.

Gemini Dig in and get things done. Your accomplishments will speak for you and will deter others from interfering and complaining. Make plans that will improve an important relationship.

Cancer Dealing with peers or an authority figure won't be easy. Someone is likely to give the wrong impression or mislead you. Get firsthand information.

Leo Sign up for something that interests you. Network, socialize and discuss your plans to find out where you stand. Don't feel you must pay to impress.

Virgo Move forward with caution. What starts out favorable can quickly go south if someone has a change of heart. Don't take anyone or anything for granted.

Libra Changes are best made in secret if you want to avoid interference. Take care of your responsibilities so that you can move on to more personal endeavors.

Scorpio Anger will slow you down. If you want to be aggressive, get involved in a physical sport that will give you the outlet you need to blow off steam.

Sagittarius Consider the truth before you act. Go directly to the source if you have any doubts. Positive change will result from doing the right thing at the right time.

Capricorn Don't play games when it comes to emotional matters. Know what you want and what you are willing to offer in return. Make positive suggestions and listen to what others tell you.

Aquarius Emotional distress will not mix well with aggression. Consider what you can do differently to make things better. A personal change will do you good. Make it happen.

Pisces You won't be thinking clearly when it comes to sensitive issues. Listen but don't respond to what's being said until you are sure that you're hearing the truth. EUGENIA LAST

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LIFESTYLE

5 Best laptops of 2018

LENOVO YOGA 920

This laptop has already become a Lenovo classic. And this new version has a number of significant enhancements and additional features, including an eighth-generation Intel pen screen and processors, super-thin bezels around the screen, and a unique 360-degree hinge.

MICROSOFT SURFACE BOOK 2

The new version adopts the renowned design of the original Surface Book and slightly modernises it. The hinge is much more reliable and now features a 15-inch screen. It also adds a long list of valuable upgrades, ranging from new, ready-to-play CPUs and graphics cards to longer battery life and performance.

ALIENWARE M15

The new Alienware m15 is more than just the latest in on-the-go gaming—it's the Dell's thinnest and lightest gaming laptop, coming in at only 17.9mm and 4.78 lbs. And it's packed with NVIDIA® GeForce® GTX graphics, for powerhouse performance. In addition, m15 offers the great battery life of any Alienware laptop.

MACBOOK AIR 2018

The latest ultra-portable laptop was recently unveiled by Apple. It has a new 13.3" retina screen, with four times more pixels than an HD one; a Touch ID to unlock, which now includes a sensor to identify the user's fingerprint; and an eighth-generation Intel Core i5 processor. In addition, it is the first laptop made from 100% recycled material.

ALL PHOTOS PROVIDED

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It is an excellent choice for playing and working on the same device. In addition to the features of a work computer, Razer has a screen and processor that make it an excellent choice for gamers. The screen comes in 60Hz or 144Hz 1.920x1.080 versions, and the body is made of a single piece of aluminium. **DANIEL CASSILAS MWN**

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'Room 104' finally gave Mark Duplass the chance to work with Mahershala Ali

The HBO anthology returns for a second season this week.

ANDREW HUSBAND
letters@metro.us

Technically, Mark Duplass of the Duplass Brothers and Oscar-winning actor Mahershala Ali have worked together. Both men provided their voice over talents to the 2017 Amazon Prime series "Comrade Detective," which employed a large English-speaking cast to dub a purposefully shot (and fictional) '80s Romanian TV show.

That's obviously a technicality, of course, because Duplass and Ali weren't even in the room together when they recorded their lines. And as the former explains it to Metro, the opportunity for them to finally work together, face to face, presented itself with the second season of he and his brother Jay's HBO anthology series "Room 104," which premieres Friday.

A quick recap: "Room 104" is about a single room in a nondescript hotel somewhere in America, and all the different people who stay in it. Sometimes the stories it tells are purely comedic or dramatic, sometimes it tells tales of surreal horror and science fiction-esque complexity. In either case, "Room 104" has afforded the Duplass Brothers the chance to work with some pretty amazing people, including Ali.

"I've had a longstanding mutual admiration and friendship with Mahershala, but I'm super busy and he is super, super busy, so we've never been able to find the time to make anything together," says Duplass. "'Room 104' provided the perfect opportunity, so I told him, 'Come up with a character you like and I'll write you a story.'"

That's exactly what happened. Ali came up with a idea for a character in a situation and gave it to Duplass, who in turn transformed it into a "Room 104" episode.

"I wrote him a script overnight and sent it to him. He loved it, so I said, 'Give me two days when you're free in this three-month window and we'll shoot it together in two days.' He did. It was the prefect way for us to collaborate creatively together in a short time frame. Otherwise, I don't think there would have been any time for us to set aside 12 weeks to make a much longer show or movie together. It's just not feasible right now."

Ali's episode, titled "Shark," concerns his pool shark character's efforts to persuade his reluctant cousin, played by James Earl, to stay in

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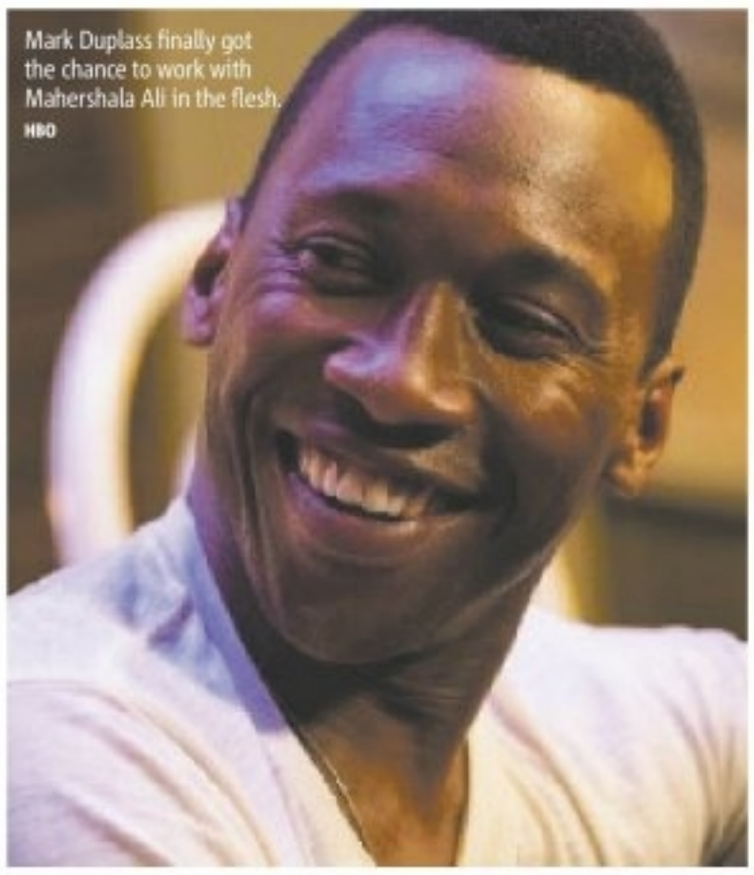
"Room 104" returns for a second season on Friday night. HBO


Mark Duplass finally got the chance to work with Mahershala Ali in the flesh. HBO

the hustling game while they're holed up in the hotel room. Needless to say, as the brief scene previewed in the season 2 trailer indicates, their familial conversation isn't going to be all that friendly.

But that's the nature of an anthology series like "Room 104," in which every single episode is different and, fan theories notwithstanding, no connections aside from the room itself exist between them.

"We were pleasantly surprised that people were taking delight in guessing what was going on," Duplass says of he and his brother's reaction to all the theories. "I've never considered myself a maker of grand mysteries. I'm more of a people, feelings and faces kind of filmmaker. But to have people theorizing about it like they were was really fun for us. We'd hoped that people would get into the mythology we were building, but we certainly didn't expect it."

"Room 104" season two premieres Friday at 11:30 p.m. on HBO.

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How #MeToo, Russian hacking changed 'The Girl in the Spider's Web'

Claire Foy takes on the role of Lisbeth Salander in "The Girl in the Spider's Web." ALL PHOTOS NADIA KLIER

Fede Alvarez believes the response to Claire Foy's character will say a lot about society.

GREGORY WAKEMAN
Gregory.Wakeman@metro.us

"The Girl in the Spider's Web" is a bitingly modern movie, as its protagonists use hacking, computers and technology in a detailed, authentic and some might even say cold fashion to aid their efforts.

Fede Alvarez's soft-reboot of the franchise, which sees Claire Foy taking on the role of computer hacker Lisbeth Salander, who's trying to get her hands on an NSA program that has access to the world's nuclear codes before spies and criminals can, embraces these unique attributes.

While other franchises and movies usually struggle to integrate technology, either going too futuristic and unrealistic or changing their characters to be either technophobes or technophiles depending on the scene, "The Girl in the Spider's Web" implements it in a consistent, concise and self-explanatory fashion.

But while "Spider's Web" taps into the zeitgeist in this manner, Alvarez tells Metro that there were two social movements that occurred during pre-production that impacted and changed the film.

"Something strange that happened during this movie, which was linked to the film, was that by the time we were done with the script and were already starting to cast, everybody was talking about the #MeToo movement, which for a movie starting with her hanging a guy upside down, was quite interesting," says Alvarez. "And the other was hacking. Hacking, hacking, hacking, which was everywhere. Hacking, a few years ago it felt like a movie thing. But suddenly it felt like it was in everybody's news and agenda.

"It was really strange how those things suddenly became front and center when we started to make the movie," he adds. "Our film isn't a reaction to that, because we can't make movies that fast. We were already making it."

But how did the mainstream media's coverage of #MeToo and hackers influence the film?

"It changed in a good way. The hacker part of it was just giving us

NOTICE OF PUBLIC SALE

Store Space, wishing to avail themselves of the provisions under the Self-Service Storage Facility Act., hereby gives notice of the sale under said act to wit; **Friday the 23rd day of November, 2018** at **10:00 AM**, on that day will conduct a public sale to the highest bidder, with bidding to take place on lockerfox.com, FOR CASH ONLY, the contents of spaces at Store Space - **Lancaster, 5134 Lancaster Ave, Philadelphia, PA, 19131**

Hayes Sr., Nelson 2001; McNeill, Linda F. 149; Porter, James 3052; Boda, Jean D. 3149; Wilcox, Tonisha 2342; Johnson, Janet 2265; Rish, Ranell 2260; Berry, Delight 101; Britt, Malika 3049; Yates, Bonita D. 1073; Hicks, La'Shae 3048; Swinson, William 2319; Euro, Florence 3120; Victoria, Brock 2241; Brown, Akeema 1170; Forbes, Kenneshia 2066; Nesbitt, Jeffrey 1069; Whittington, Unique S. 157; Rice, Nathanial 2357; Donaldson Jr., William Howard 3022; Bennett, Aamir 4009; Haywood, Tahirah 2272; Giles, Kenya 4004; Mason, Nasserah 3148; Hudson, Lucinda T. 2147; Tillery, Britni 2313; Robinson, Gregg 3113; Brown, Cornelia 1031; Hill, Mary 1079; Renshaw, Tessa 1041; Mills, Leroy W. 186; Lanes, Shane C. 2322; Logan, Hiya 175; Farraj, Mohammed 1133; Garnett, Gary 3062; Knight, Zina R. 2118; Nichols, Brenda 2003; Soto, Stephanie 2148; Cupid-King, Emma L. 2161; Tate, Ny 2102; Harris, Jacquelyn M. 3125; Mcallister, Joyce 1128; Forrest, James K. 1152; Drew, Erica 2130; Colon, Karen 4019; Deals, Edook E. 2314; Hargett-Pollard, Tina S. 103; Timbers, Lynda T. 3106; Hudson, Gennell O. 2214; Dixon, Jacquelyn 3027; Pleasant, Lynette 108A; Rector, Jackie 3137; Lee, Chrisaundra M. 3053; Sharpe, Rashida 2104; Sledge, Toshana N. 2149; Williams, Erica C. 2255; Watson, Tamika 2353; Beecham, Jeanica 2134; Anderson, Gregory T. 1126; Mitchell, Jeffrey J. 4015; MOORE, TRAIRA 1120; Rembert, Allisara 2030; JOHNSON, MANUELL 1137; RUSSO, DAYNA 118; Palmer, Anthony 4002; Rucker, Richard L. 2058; Allen-Johnson, Angela D. 2069; Dyer, Rakyen 2209; Scott, Nikkala L. 178A

THIS SALE IS BEING MADE TO SATISFY THE LANDLORDS LIEN. THE PUBLIC IS INVITED TO ATTEND AT LOCKERFOX.COM, SALE IS SUBJECT TO ADJOURNMENT

NOTICE OF SALE

Notice is hereby given pursuant to Pennsylvania Self-Service Storage Facility Act, **Prime Storage – 62nd St located at 2231 62nd St Philadelphia, PA 19142** intends to hold an auction of the goods stored in the following units in default for non-payment of rent. The sale will occur as an online auction via www.storagetreasures.com ENDING on **11/15/18** at 12pm. Unless otherwise stated the description of the contents are household goods and furnishings, boxes, misc.

#123 Shaharra Rollins, #810 Tanesha Jackson, #1312 Dywanna M Broadnax

All property is being stored at the above self-storage facility. This sale may be withdrawn at any time without notice. Certain terms and conditions apply; CASH ONLY. Contact manager at **215-729-8885** or www.storagetreasures.com for details.

NOTICE OF PUBLIC SALE

Store Space, wishing to avail themselves of the provisions under the Self-Service Storage Facility Act., hereby gives notice of the sale under said act to wit; **Tuesday the 20th day of November, 2018** at **10:00 AM**, on that day will conduct a public sale to the highest bidder, with bidding to take place on lockerfox.com, FOR CASH ONLY, the contents of spaces at Store Space - **Kensington, 3100 C Street, Philadelphia, PA, 19134**

John, Tandika 3151; Sistrunk, Regina M. 1203; Gonzalez, Marangelys 2045; Galloway, John 1090; Lacy, Edward 2131; HILL, HAROLD 3213; Vasquez, Annette 3023; Tomas, Edwin 2141; Pugliesi 3rd, Albert 1075; Pugliesi 3rd, Albert 1081; Divon, Linda 2066; Pagan, Josefina 2071; Okugbeni, Kenneth 3188; Taylor, Georgette 1048; Abdul-Raheem, Aminah 2069; Luminha, Jamila 1162; Alston, Francine 3076; Oliver III, Walter 3153; Montgomery, Tyra 1076; Palmer, Lisa 1200; Randall, Salinda 1188; Jackson, Angelina 3191; Reyes, Michael 1172; Jocabs, Tanisha 3048; Long, Dwayne 2017; Malave, Jerrylee 1092; Johnson, Emerald M. 1183; Swope, Michael 1153; Roman, Nancy 2094; Deleon, Myrna 3067; Jimenez, Enid 1171; Davenport, Alaya 3134; Rodriguez, Johanie 1053; Dunbar, Lynnette 1112; Sims, Shanta 3135; Bertha, Fiaunna 1108; White Sr, Charles 1156; Burkett, Nayron 3126; Sepulveda, Anette 3037; Thornton, Bennie 3217

THIS SALE IS BEING MADE TO SATISFY THE LANDLORDS LIEN. THE PUBLIC IS INVITED TO ATTEND AT LOCKERFOX.COM, SALE IS SUBJECT TO ADJOURNMENT.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned intends to sell the personal property described below. Undersigned will sell items at Public Auction online at www.StorageAuctions.com by competitive bidding ending on **11/19/2018** at **11:00AM**. Where said property has been stored and which are located at Safeguard Self Storage **1221 N. Broad Street, Philadelphia, PA 19122** on the following units:

safeguard self storage

Unit #0320 Tiana Barksdale, Unit #0117 Akil N Bowler, Unit #2223 Clifford Guy, Unit #2402 Daren Blackwell, Unit #2600 Katreen Brown, Unit #3220 Robin McKinnon, Unit #4218 Donnie M Jay, Unit #4417 Fakira Brooks, Unit #4511 Henry Vann, Unit #A4105 Warren Gavan, Unit #A4322, Adelokunbo Ige, Unit #A4418 Samara Moore, Unit #A4425 Kenneth Moss, Unit #A4606 Dorcellia Williamson

Purchases must be paid at the time with Credit Card or Cash. All Purchases are sold within 72 hours of the time of sale. A $100.00 Cash clean up deposit is required until all items in the unit are removed from the premises and verified by manager on duty. Sale subject to cancellation up to the time of sale, company reserves the right to refuse any online bids.

Auction by StorageAuctions.com • Phone: (866) 944-8530

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned intends to sell the personal property described below. Undersigned will sell items at Public Auction online at www.StorageAuctions.com by competitive bidding ending on **11/19/2018** at **12:00PM**. Where said property has been stored and which are located at Safeguard Self Storage **#130103 at 830 E. Hunting Park Avenue, Philadelphia PA 19124 (215)288-8251** on the following units:

safeguard self storage

#3212-Christina Aponte, #3329-Brenda Y Burgos, #1302-Abdiel Davila, #2426-Aisha Farley, #3807-Gianna Holden, #3129-Elizabeth Lex, #3223-Alejandro Plaza, #3115-Alexis Randolph, #2312-Helen Reyes, #2419-Jimmy Rodriquez, #1232-Manuelito Ramos

Purchases must be paid at the time with Credit Card or Cash. All Purchases are sold within 72 hours of the time of sale. A $100.00 Cash clean up deposit is required until all items in the unit are removed from the premises and verified by manager on duty. Sale subject to cancellation up to the time of sale, company reserves the right to refuse any online bids.

Auction by StorageAuctions.com • Phone: (866) 944-8530

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned intends to sell the personal property described below. Undersigned will sell items at Public Auction online at www.StorageAuctions.com by competitive bidding ending on **11/19/2018** at **2:00PM**. Where said property has been stored and which are located at Safeguard Self Storage **6371 Keystone Street, Philadelphia, PA 19135** on the following units:

safeguard self storage

#0424 Alexas Owens, #1101 Paul Miles, #1129 Jalil Hayestaylor, #1130 Margaret Foell, #1212 Dana Weiss, #1326 James Devine, #1342 Pendrul Ruffin, #1407 Amarylis Quinones-Rosado, #2106 Nicole D. Mackey, #2106 A Taste of Soul, #2403 Narberth Rice Jr., #2506 Krystina Galloway

Purchases must be paid at the time with Credit Card or Cash. All Purchases are sold within 72 hours of the time of sale. A $100.00 Cash clean up deposit is required until all items in the unit are removed from the premises and verified by manager on duty. Sale subject to cancellation up to the time of sale, company reserves the right to refuse any online bids.

Auction by StorageAuctions.com • Phone: (866) 944-8530

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned intends to sell the personal property described below. Undersigned will sell items at Public Auction online at www.StorageAuctions.com by competitive bidding ending on **11/19/2018** at **1:00PM**. Where said property has been stored and which are located at Safeguard Self Storage **#130107** at **3300 Frankford Avenue, Philadelphia PA 19134 (215) 203-0760** on the following units:

safeguard self storage

#3509 - Sol Angela Correa, #3505 - Elizabeth Jones, #2405 - Fatima Lawrence, #4121 - Naiya Lopez, #3512 - Miguel Ortiz, #4703 - Charlene Ortlieb, #2221 - Eric Pellecer, #1510 - Marketa Richardson, #2104 - Anthony Roccia, #3408 - Robert Smith, #4209 - Tiffany Sykes, #2712 - John Walker

Purchases must be paid at the time with Credit Card or Cash. All Purchases are sold within 72 hours of the time of sale. A $100.00 Cash clean up deposit is required until all items in the unit are removed from the premises and verified by manager on duty. Sale subject to cancellation up to the time of sale, company reserves the right to refuse any online bids.

Auction by StorageAuctions.com • Phone: (866) 944-8530

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned intends to sell the personal property described below. Undersigned will sell items at Public Auction online at www.StorageAuctions.com by competitive bidding ending on **11/19/2018** at **10:00AM**. Where said property has been stored and which are located at Safeguard Self Storage **#130104 at 6224 Germantown Avenue, Philadelphia PA 19144 (215)848-4013** on the following units:

safeguard self storage

#013 - Hannibal Smith; #023 - Khadijah Bridges; #026 - Rachel Daniel; #030 - Khalid Paige; #042 - Dominique Knotts; #045 - Anthony Reid; #083 - Calvin Pendleton; #116 - Antonia Gaethers; #146 - Beverly Brooks; #170 - Hillary Wallace; #204 - Marcel Walker; #215 - Desiree Wynder; #287 - Keenan Davis; #3234 - Alanic Talbert Jr; #3234 - Alanic Talbert; #3216 - Jason Leake Sr.; #365 - Phyllis Graves; #3117 - Deandra McClinton; #3603 - Michael Brame; #3612 - Stephanie Whitley

Purchases must be paid at the time with Credit Card or Cash. All Purchases are sold within 72 hours of the time of sale. A $100.00 Cash clean up deposit is required until all items in the unit are removed from the premises and verified by manager on duty. Sale subject to cancellation up to the time of sale, company reserves the right to refuse any online bids.

Auction by StorageAuctions.com • Phone: (866) 944-8530

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned intends to sell the personal property described below. Undersigned will sell items at Public Auction online at www.StorageAuctions.com by competitive bidding ending on **11/19/2018** at **3:00PM**. Where said property has been stored and which are located at Safeguard Self Storage **#130101 at 1333 Rhawn Street, Philadelphia PA 19111 (215) 342-8741** on the following units:

safeguard self storage

#3335-Tonya Snowden, #3318-January Brant, #3123-Kathryn Ritterson, #1203-Heather Bauman, #3221-Mark Hillman, #1517-Marie Jeanty.

Purchases must be paid at the time with Credit Card or Cash. All Purchases are sold within 72 hours of the time of sale. A $100.00 Cash clean up deposit is required until all items in the unit are removed from the premises and verified by manager on duty. Sale subject to cancellation up to the time of sale, company reserves the right to refuse any online bids.

Auction by StorageAuctions.com • Phone: (866) 944-8530

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Extra Space Storage will hold a public auction to sell the contents of leased spaces to satisfy Extra Space's lien at the location indicated on November 14, 2018 at 9:45 am. **Extra Space Storage, 2300 Washington Ave, Philadelphia PA 19146, 267-453-3400.**

4033 - Joshua Messado, 2027 - Tianna Meadows, 4003 - Talisa Dennis, 2127 - Darlene Henderson

Purchases must be made with cash only and paid at the above referenced facility in order to complete transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that Extra Space Storage will sell at public auction **November 14, 2018** at **1:45 PM** at the storage facility listed below, to satisfy the lien of the owner, personal property described below belonging to those individuals listed below at location indicated: Extra Space Storage **116 Fountain St. Philadelphia, PA 19127 • 267-766-0064.**

5129 - Tanikka Myers; 31089 - Brandon Pressley; 3721 - Deborah Dangerfield; 4127 - Wayne Bookstaver

Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned intends to sell the personal property described below. Undersigned will sell items at Public Auction online at www.StorageAuctions.com by competitive bidding ending on **11/19/2018** at **9:00AM**. Where said property has been stored and which are located at Safeguard Self Storage **#130106 at 1499 66th Avenue, Philadelphia PA 19126 (215)224-6700** on the following units:

safeguard self storage

#1017 Tiphanee Washington-Smith, #1247 Lynn Brown, #2313 Jasmine Hill, #2315 Brian Reed, #2329 Aaron Owens, #2337 Devin Hudgens, #2343 Amy Thomas, #3123 Dawn Taylor, #3130 Ada Bundy, #3314 Alisha Garris, #3316 Nakeya Small, #3404 Aliyah Nadar, #3617 Helen Epps

Purchases must be paid at the time with Credit Card or Cash. All Purchases are sold within 72 hours of the time of sale. A $100.00 Cash clean up deposit is required until all items in the unit are removed from the premises and verified by manager on duty. Sale subject to cancellation up to the time of sale, company reserves the right to refuse any online bids.

Auction by StorageAuctions.com • Phone: (866) 944-8530

Director Fede Alvarez on set of "The Girl in the Spider's Web."

information and insight into this world that we didn't have before," admits Alvarez. "Suddenly, we are reading about this shadow broker's hacking into the NSA and stealing one of their most important tools. We could read about how that happened and then portray it more realistically in the film. Things like that created greater insight and information we didn't have.

"For #MeToo, the greatest part was really being responsible, as a male director, portraying a female icon on the screen. The way I did it was by really, really listening to my female lead," he adds. "To really listen to her. To listen to her wishes and her decisions about how she looks and acts. Making sure scenes and moments onscreen weren't exploitative and we didn't objectify her, or fall into any traps."

Alvarez goes on to call star Foy "so smart, and [with] us being so militant with this approach and her portrayal, we were able to make sure that we stayed true to her idea of the character and not a male fantasy or subjectivity.

"That is something that really comes through in the film, as so many choices are based on Claire's choices and sensitivity. We'll see how the audience reacts to it," says Alvarez. "That will tell us a lot about society. Let's see if they really want to see that or if they expect a young girl that sleeps with the guy or is half-naked every other scene."

"The Girl in the Spider's Web" opens in theaters Nov. 9.

Extra Space Storage will hold a public auction to sell the contents of leased spaces to satisfy Extra Space's lien at the location indicated: **12005 Roosevelt Blvd, Philadelphia PA 19154, 215-514-2704 • November 14, 2018 at 4:00pm**

C5 - Party City Corporation, 1998 - Derick Garner,

H24 - Maricarmen Breban, A38 - Ian Pleasant,

913 - Vanessa Smith, F6 - Eric Bell

Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

Extra Space Storage will hold a public auction to sell the contents of leased spaces to satisfy Extra Space's lien at the location indicated: **6204 Oxford Avenue, Philadelphia, PA 19111 November 14, 2018** at **2:30PM**

A132C James Robert Hatty,

B174C Donovan Patrick Brown,

B217C Janet DeShields,

F114 Billy Joe Tillman, V168 Arlene L. Lyons.

Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

Extra Space Storage will hold a public auction to sell the contents of leased spaces to satisfy Extra Space's lien at the location indicated: Extra Space Storage, **1553 Grant Ave., Philadelphia PA 19115, 267-453-3415. November 14th, 2018 3:15pm**

245 – Shahida Jefferson – Household Goods, Clothes;

412 – Michael Schaeffer – Files, Seasonal, Toys;

41 – Colleen Reed – Household Items

Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

NOTICE OF SALE

Notice is hereby given pursuant to Pennsylvania Self-Service Storage Facility Act, Prime Storage - Aramingo located at 4391 Aramingo Ave., Philadelphia, PA 19124 intends to hold an auction of the goods stored in the following units in default for non-payment of rent. The sale will occur as an online auction via www.StorageTreasures.com ENDING on 11.15.18 at 12pm. Unless otherwise stated the description of the contents are household goods and furnishings, boxes, misc.

Unit# 419 Alexander Morales, Unit# 1241 Susan Pascarello, Unit# 1701 Sheila Maniga, Unit# 1011 Maryann Colville, Unit# 503 Antonio D'Angelo, Unit# 1018 Enid Melendez Aka Enid Pagan, Unit# 1504 Thomas W Sayon II Aka Thomas Sayon, Unit# 1109 Deborah A Glassmire, Unit# 502 Julie Heffron, Unit# 1132 Jose Reyes, Unit# 1222 Christopher Metzger, Unit# 1230 Chris Fuentes, Unit# 1012 Donna Dowling Aka Donna M Dowling, Unit# 1524 Kristina Murphy Aka Kristina M Murphy, Unit# 706 Raymond Moore, Unit# 1318 Leslie Butler, Unit# 1105 Rheynolds Orozco, Unit# 1302 Oscar Spencer Aka Oscar C Spencer, Unit# 933 Carole Mulhern

All property is being stored at the above self-storage facility. This sale may be withdrawn at any time without notice. Certain terms and conditions apply: CASH ONLY. Contact manager at 215-535-8885 or www.StorageTreasures.com for details.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that Extra Space Storage will sell, to satisfy lien of the owner, at public sale by competitive bidding on November 14, 2018 at 10:30 AM at the facility located at: **Extra Space Storage 4433 Wayne Ave, Philadelphia PA 19144. 267-453-3400.** The personal goods stored therein by the following may include, but not limited to general household furniture, boxes, clothes and appliances.

1A68 Shyeena Jones; 2A110 Rafael Algarin; 2A132 Paul Utsey; 2A143 Anthony Payne; 2A169 Jerome C Brown; 2A20 Brian Thompson; 2A204 Alexis King; 2A88 Jean Hurling; 2B45 Henry Williams; 2B53 Ciania Bernard; 2C25 Raheem Mobley; 2C66 Sierra Patterson; 2C74 Thomas Bryant; 2D104 Elliott Talton; 2D108 MIKE JAMES; 2D111 Martin Mays; 2D125 Tasheka Hollis; 2D135 Julie Reid; 2D180 MIKE JAMES; 2D195 Kaniya Davis; 2D21 Jacqueline Barr; 2D230 Tynetta Reed; 2D253 Andrew Jones; 2D76 Tanika McRae; 3A114 TiAira Neal; 3A142 Asa Mcninch; 3A144 Deliah Latchman; 3A149 Mary Butler; 3A178B Donna Giddings; 3A289 Paul Y Volcy; 3A294 Samuel Suber; 3A52 Kevette Williams; 3A69 Casey Miller; 3B20 Donnell Samuels; 3C18 Nyeta Allen; 3C20 Crystle Rodriguez; 3E53 Carina Smith; 4A128 James A Goodjoines; 4A131 Timothy Mason; 4A14 Kimberly Clark; 4A157 Monique Pearl Knox; 4A207 Tyshiya Niblack; 4A215 Crystal Ball; 4A237 Rasheedah MORRISON; 4A90 John Jackson Cobb; 4E103 Alexis Jeffries; 4E18 Kawana R Shaw; 4E19 Zangzang Zhang; 4E55 Janet Brown; 4L24 Mildred Sigler; 4L30 Pamela Miller; GA35 Eric Young

Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

Notice

456 N. Christopher Columbus Blvd. Philadelphia, PA 19123

215-922-3715

NOTICE OF PUBLIC SALE: The following self-storage Cube contents containing household and other goods will be sold for cash by CubeSmart 456 N. Christopher Columbus Blvd. Philadelphia, PA 19123, to satisfy a lien, on November 22nd, 2018 at approx. 11AM at www.storagetreasures.com.

A026 Lisa Johnson, A052 Christine Wright-Christian, B217 Charles Pukanecz, C326 John Andrean, D393 Katrina Anderson-Miller, G625 Anthony Alexander, G631 Ashley Dugan

CubeSmart

NOTICE
OF PUBLIC AUCTION OF UNITS IN LIEN

21st Century Storage
3503 B Street,
Philadelphia, PA 19134
Phone - (215) 423-4000

Property contained in the following units located at 3503 B Street will be sold via online auction at STORAGETREASURES.COM on November 28, 2018 at 11:00 AM., to the highest bidder to satisfy the owners lien for rent under 73 p.s. 1901 et. seq. Auction is with reserve, 21st Century Storage reserves the right to set the minimum bids and refuse bids. Cash or credit card ONLY. Contents must be paid for 11/20 and removed within 48 hours.

Hector Toro A140
Humberto Cairo D306
Nashaly Rivera E424
Amanda Toro F511
Kenneth Middleton F517
Patricia Deeds F519
Rhonda Spells F520
Richard Coates, JR G625
Cindy Marie Velez G644
Roberto Baez I817
Sheena Garnett K105
Chontay Ervin L147
Jean Luis Fontanez Martinez M105
Luis Rivera O519
Luis Lozada Q546
Jose Reyes R625
Charles Hopkins R633
Jameel M Roberts S704
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NOTICE OF PUBLIC SALE

Store Space, wishing to avail themselves of the provisions under the Self-Service Storage Facility Act., hereby gives notice of the sale under said act to wit; **Wednesday the 21st day of November, 2018 at 10:00 AM**, on that day will conduct a public sale to the highest bidder, with bidding to take place on lockerfox.com, FOR CASH ONLY, the contents of spaces at Store Space - **Germantown, 335 E Price Street, Philadelphia, PA 19144.**

Stoany, Anthony 2305; Schaevitz, Lester 1024; Jackson, Dolores 2240; Mccall, Andre F. 2043; Little, Chante D. 2159; Dickerson, Chernelle N. 2342; Battle, Mary 2221; Johns, Pfhallon 1110; Smith, James 2142; Viaud, Barbara 1051; Ryan, Joann 2165; Caldwell, David 1216; Wallace, Justice J. 1083; Owens, Michelpia 2309; Truesdale, Shenise T. 2040; Mosley, Monique 2028; Cocivera, Angela 2069; Devine, Isaiah 1256; West, Jermaine 2004; Fields, Felepe Augustine 1255; Wingo, Clinton 2101; House, Maria 2191; Anderson, Genine 2034; Long, Alicia 2396; Martin, Dwight 2222; Ceant, Wen-Kuni A. 1044; Fugelo, Joseph J. 1095; Hall, Crystal F. 2270; Fluellen, Janet 2344; Wilks, Daneshia 2103; Lewis, Deserie 2030; Brown, Renee 2079; Kennedy, Marcus A. 2209; Mangum, Antione 2258; Young, James Jerome 2409; Martin-Camp, Evelyn L 1002

THIS SALE IS BEING MADE TO SATISFY THE LANDLORDS LIEN. THE PUBLIC IS INVITED TO ATTEND AT LOCKERFOX.COM, SALE IS SUBJECT TO ADJOURNMENT.

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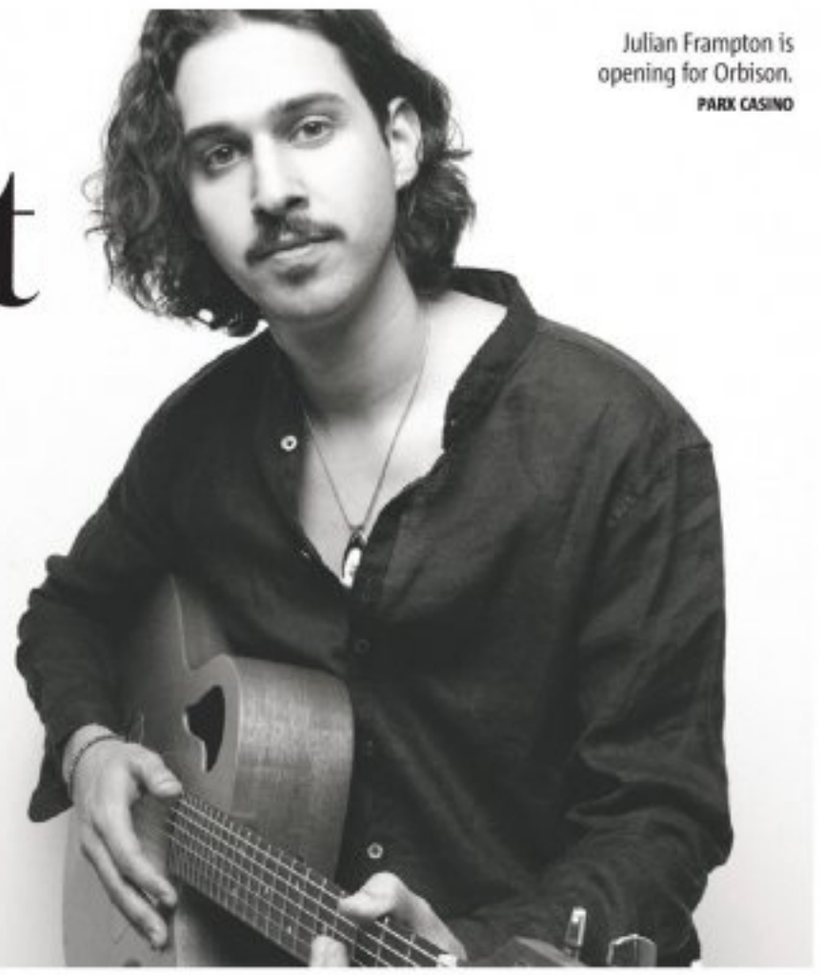

Julian Frampton is opening for Orbison.
PARX CASINO

Julian Frampton talks about opening for Roy Orbison on the first hologram tour the country has ever seen.

MOLLY GIVEN
Molly.Given@metro.us

In Dreams: Roy Orbison in Concert — The Hologram Tour accompanied by the Philly Pops BIG Band comes to Parx Casino on Nov. 9.

What were your initial thoughts when you first found out this tour was going to be headlined by a hologram?
I was insanely intrigued at the prospect of opening for a hologram, but I was also hesitant knowing that its the very first hologram tour ever. When I got the call, I said yes immediately, but then I said let me call you back in five minutes because I just wanted to think about it a little bit, but any opportunity for me right now is a good opportunity and just to get in front of people and play is amazing. Now that we are halfway done with the tour I am so grateful that I said yes, it's been such an amazing opportunity and the technology is out of this world, so I'm so glad to be apart of the reuniting of rock history.

Do you think hologram tours are going to be the next big thing?
I think that there is definitely a market for it, there's no doubt in my mind, who wouldn't want to go see Jimi Hendrix or John Lennon or Bob Marley, you know? I think when it'll get to the point where they are expanding a little bit more on who they are making holograms of, as long as they are getting the OK from the families like in Roy Orbison's case. It makes me feel better knowing the legacy is being carried on through the family, but I don't want it to turn into just a money machine where it loses kind of its realness.

Do you think your progressive music mixes well with the classic sounds of Roy Orbison?
I definitely like to cater to everyone, when I play a solo acoustic show I do play songs from my band, The Julian Frampton Band, which is based in Los Angeles, we are a little progressive and a little alternative, I like to say we don't have a genre because every track we put out can be categorized as something different. But as I'm up there doing the acoustic thing, I think me on my own with an acoustic guitar is much more relatable for this audience than maybe my band would be coming out to do this, it would be a bit more balls to the wall rock and roll, but yeah the response has been really nice. It's the oldest crowd I've played for, even when I was performing with my father for a few years that was an older crowd, but this is kind of the next step up I think as far as an age range, but it's been really wonderful. I'll come out to the merch table after most shows and the reception I've been getting from the older crowd, as well as the rest of the young and middle-aged people, has been absolutely wonderful so I feel like I've done a pretty good job of catering to everybody with my set for sure.

The hologram tour is the first of its kind.
EVAN GOSTINI

What content are you playing in your set for this particular show?
I always like to get my music out there first and foremost and then I throw in about two covers, I do a cover of "Landslide," which I feel is a universally loved song, and then I do a cover of a Bill Withers song from the '70s, the rest of the tracks I do are originals of mine that are either band songs that I've made into acoustic versions or kind of singer-songwriter songs that I've had for a few years and sort of honed in on to make them a little more appropriate for this tour.

What should the Philly audience expect from the show overall?
Pure entertainment and magic beyond belief, that's the honest way I would describe it.

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Viagra's Sex Pill Monopoly Is Over

Since 1993, three brands have dominated the men's sexual performance market. Now there's a fourth, Vesele. And the difference is amazing...

SAN DIEGO – A new sex pill is set to take the spotlight with the Viagra patent about to expire. Since it's not a drug, it's something very different, it won't require a perscription and is priced just under a $1 a dose.

The new pill called *Vesele* is part of a new class of performance enhancers for men, which work on the body and mind, supporting firmer and harder erections

Formulated with a special compound known as a blood flow boosters, *Vesele* can transport its active ingredients in higher levels into the blood stream, where it begins to work.

The patent pending ingredient increases nitric oxide production, initiating a process known as vasodilation, which causes arteries and vessels throughout the body to relax. This allows blood to flow to penis and genitals, promoting stronger, harder erection which last longer.

But what makes *Vesele* so remarkable, and what these other sex pills can't do, is that a small portion of this blood flows to the brain, which creates feelings of intense arousal. In laymen's terms, users become incredibly excited and turned on.

This is why the makers of *Vesele* say their pill has worked so effectively in human clinical use survey trial. It increases blood flow to the two most important organs for great sex, the penis and the brain.

The Brain Erection Connection

Until now, medical researchers did not fully understand the brain-erection connection. It has now been made clearer with the data backing *Vesele*. When both are supplied with a constant blood flow, men are harder and firmer for longer...and have higher sex drives.

"Most of the research and treatment methods for men's sexual failures have focused on physiological factors and have neglected the emotional ones. For the leading sex drugs to work, like Cialis and Viagra, you need visual stimulation" explains Dr. Henry Esber, from the company who created *Vesele*.

According to research published by the National Institute of Health, 50% of men taking these drugs stop responding or can't tolerate their side effects... and on top of that they spend $25 per pill and it doesn't even work half the time.

This is what makes *Vesele* so different. It provides the blood stream with nitric oxide which cause arteries to relax. The patented accelerator speeds up this process even more.

The result is an increase in hardness and maintenance and frequent sex when it is taken daily.

Great Sex At Any Age

With the conclusion of latest human clinical use survey trial, *Vesele* is now being offering in the US. And regardless of the market, its sales are exploding.

Men across the country are eager to get their hands on the new pill and according to the research, they should be.

In the trial above, men taking *Vesele* saw a staggering 45.1% improvement in erection hardness from baseline over a four-month period. Their erections also lasted twice as long.

These same men also experienced an astounding 27% increase in the desire for sex (libido/sex drive) and an even greater improvement in overall satisfaction and ability to satisfy their partners.

Higher Absorption into the Blood Stream

Vesele is made up of three specialized ingredients: two vasodilators and a patented absorption enhancer often called an accelerator. The FDA considers all to be safe.

Research shows that with age, many men struggle to produce an erection firm enough for penetration.

And although there are many theories as to why this happens (including a loss in testosterone) one thing is certain, inadequate blood flow is virtually always to blame. That's why sex drug manufacturers focus on blood flow, it makes your erection hard.

But what's more surprising, and what these manufacturers have failed to consider, is that lack of blood flow can also kill your sex drive. That's because blood supplies energy for the brain. This energy is required for creating brainwaves that cause excitability and arousal.

Studies show that nitric oxide stimulates the entire cardiovascular system, including the arteries that lead to both the brain and penis. The higher concentration of the ingredients in *Vesele* combined with the accelerator ensures that this process continues to work over time.

The sexual benefits of *Vesele* will start to show as its ingredients build up in the system over time. This is why many men take it every single day.

The Same Study Shows Positive Effects on Women

In the same outstanding study referenced throughout, *Vesele* was also shown to have a surprising effect on women too. That's because

Expiring Patent Opens the Door to a New Sex Pill: *Vesele* is a new pill that cost just $1 a dose and does not require a prescription. It works on both body and mind to increase arousal and erection hardness.

the same arteries and vessels that carry blood and oxygen to the brain and genitals are the same in men and women.

"In our study, women taking *Vesele* saw a stunning 23.7% and 20.4% improvement in arousal and sex drive over baseline.

You can imagine why some couples are taking *Vesele* together. Everything feels better. Everything works better. Everyone performs better.

A New Frontier of Non-Prescription Sex Pills

With daily use, *Vesele* is helping men (and women) with their sex lives and overcome sexual lets downs without side effect or expense.

Through a patented accelerate, Vesele's formula is better absorbed into the bloodstream, resulting in remarkable improvements in erection firmness and hardness.

And with better blood flow, users also experienced sexual feeling they haven't felt in years.

Where to Find Vesele

This is the official release of *Vesele* in Pennsylvania. As such, the company is offering a special discounted supply to any reader who calls within the next 48 hours.

A special hotline number and discounted pricing has been created for all Pennsylvania residents. Discounts will be available starting today at 6:00AM and will automatically be applied to all callers.

Your Toll-Free Hotline number is 1-800-615-2141 and will only be open for the next 48 hours. Only a limited discounted supply of *Vesele* is currently available in your region.

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Sawgrass Recreational Park airboat rides. ALL PHOTOS PROVIDED

Experience the Everglades this winter in beautiful South Florida

From airboat tours through the swamp to high-end shopping, here are the best things to do in Fort Lauderdale.

PAT KING
patrick.king@metro.us

The Everglades is one of Florida's most prized and breathtaking treasures. Spanning over 734 miles through the southern coast, this lush swamp area is one of our country's largest wildlife preserves. Founded in 1971 as a fishing camp, Sawgrass Recreation Park in Fort Lauderdale aims to educate all of its guests on the beauty and history behind this remarkable habitat.

Airboat adventures and boat rentals at Sawgrass Recreational Park

After the devastating effects of Hurricane Wilma in 2005, the park's current owners Rick and Susan Soverns pledged to reopen as quickly as possible to those looking to explore the rich Everglades. It has been thriving and expanding ever since. With various different touring options including guided daytime and nighttime airboat rides through the area and wildlife exhibits, the Soverns have created the perfect Everglades experience at Sawgrass Recreation Park.

When imagining the Everglades, you probably picture water flying into the air as a fanboat splashes through the swampy terrain at high speed. Well, if that is the experience you are looking for, look no further than booking one of your very own airboat tours at Sawgrass Recreation Park! With each boat fitting up to 25 passengers and lasting around 30 minutes, you will zip through the 'Glades at speeds of up to 50 miles per hour, with gators on all sides. If that is not enough time for you, feel free to extend your trip and add on your very own private catering service with delicious food provided by the park's very own Gator Grill.

The Sky Deck at Conrad Fort Lauderdale Beach.

While guests will get the best tour of the Everglades via the park's guided airboat tours, they can also rent their own boats to venture off to fish and explore at their own pace. You can rent boats that hold up to four adults for either four hours at $59 or seven hours at a rate of $79. These rentals will require a $200 redeemable deposit as well, to maintain the condition of the boat. Camping on-site is also available to guests who wish to spend the night in the special region.

Book a room at Conrad Fort Lauderdale Beach

If you're looking for an elegant place to stay not too far from the Everglades, book a room at the brand-new, elegant Conrad Fort Lauderdale Beach located on North Fort Lauderdale Beach. You'll get to stay in style in one of the resort's 290 all-suite accommodations with access to their 4,000-square-foot Conrad Spa and Fitness Center.

Conrad Fort Lauderdale Beach also has four artisanal dining locales, including Cornucopia Gourmet Market. You can also enjoy some delicious signature cocktails from the inventive mixologists at Atlas Cocktail Lounge or simply enjoy a drink by the pool from Spinnaker Pool Grill on the sixth floor elevated Sky Deck.

Spend a day shopping at the Sawgrass Mills Mall

If you need a break from all of the sun and relaxation, a day of proper retail therapy at the Sawgrass Mills Mall might be exactly what the doctor ordered. Located 15 minutes from the Fort Lauderdale-Hollywood International Airport, this gorgeous shopping center located on 734 square miles of land on the busy and happening West Sunrise Boulevard is your one-stop for all of your souvenirs — or simply all of the window shopping your heart desires.

With more than 350 exceptional outlet stores and brands such as American Signature Home, Bed Bath & Beyond, Brandsmart USA, Burlington, Gameworks, Marshalls, Neiman Marcus Last Call, Nike Factory Store, Nordstrom Rack, Saks Fifth Avenue Off 5th, Ron Jon Surf Shop, Super Target, T.J. Maxx, Urban Planet, Off Broadway Shoes, Regal Sawgrass 23-theater cinema & IMAX, Bloomingdale's – The Outlet Store, Forever 21, Century 21 Department Store, H&M, and Dick's Sporting Goods — it is easy to get lost in all that the Sawgrass Mills Mall has to offer.

Sawgrass Mills is also home to 14 full-service restaurants and has recently expanded to The Colonnade Outlets with more than 70 luxury outlets — 60 exclusive to South Florida — including Burberry, Dolce & Gabbana, Diane von Furstenberg, Jimmy Choo, Ted Baker London, and Versace.

So, don't wait! Make your plans to experience the Everglades in Greater Fort Lauderdale, Florida today.

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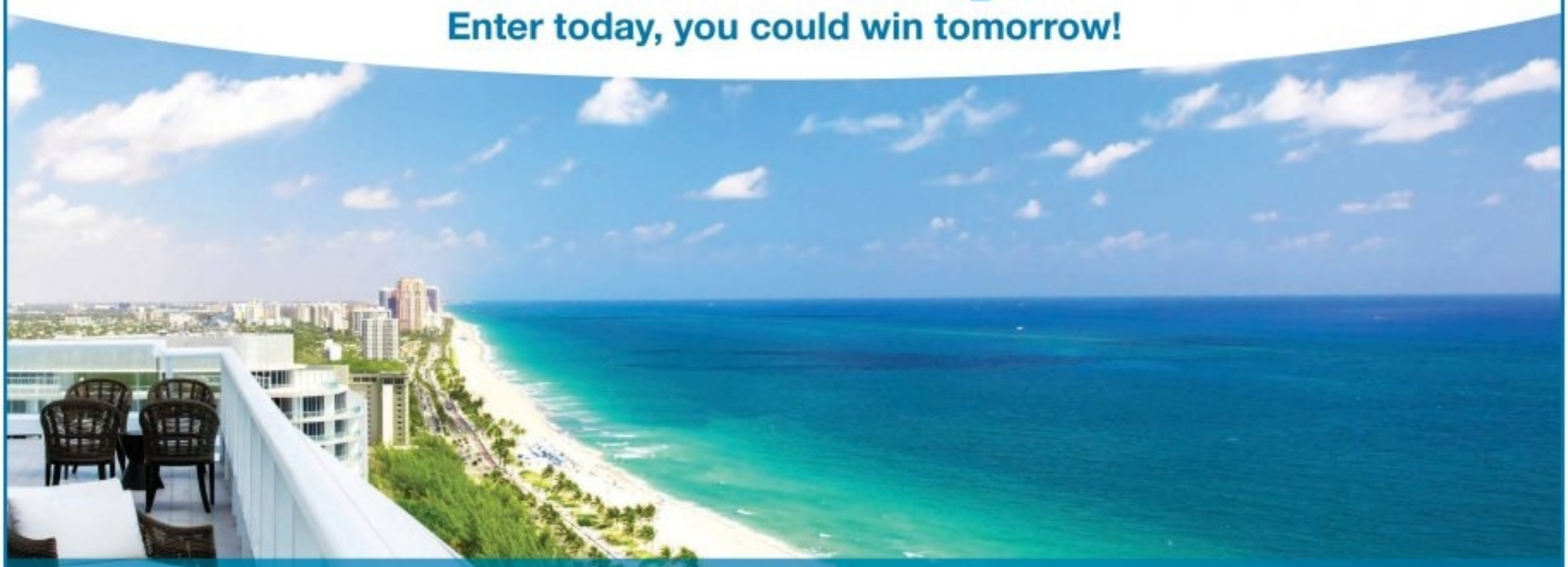

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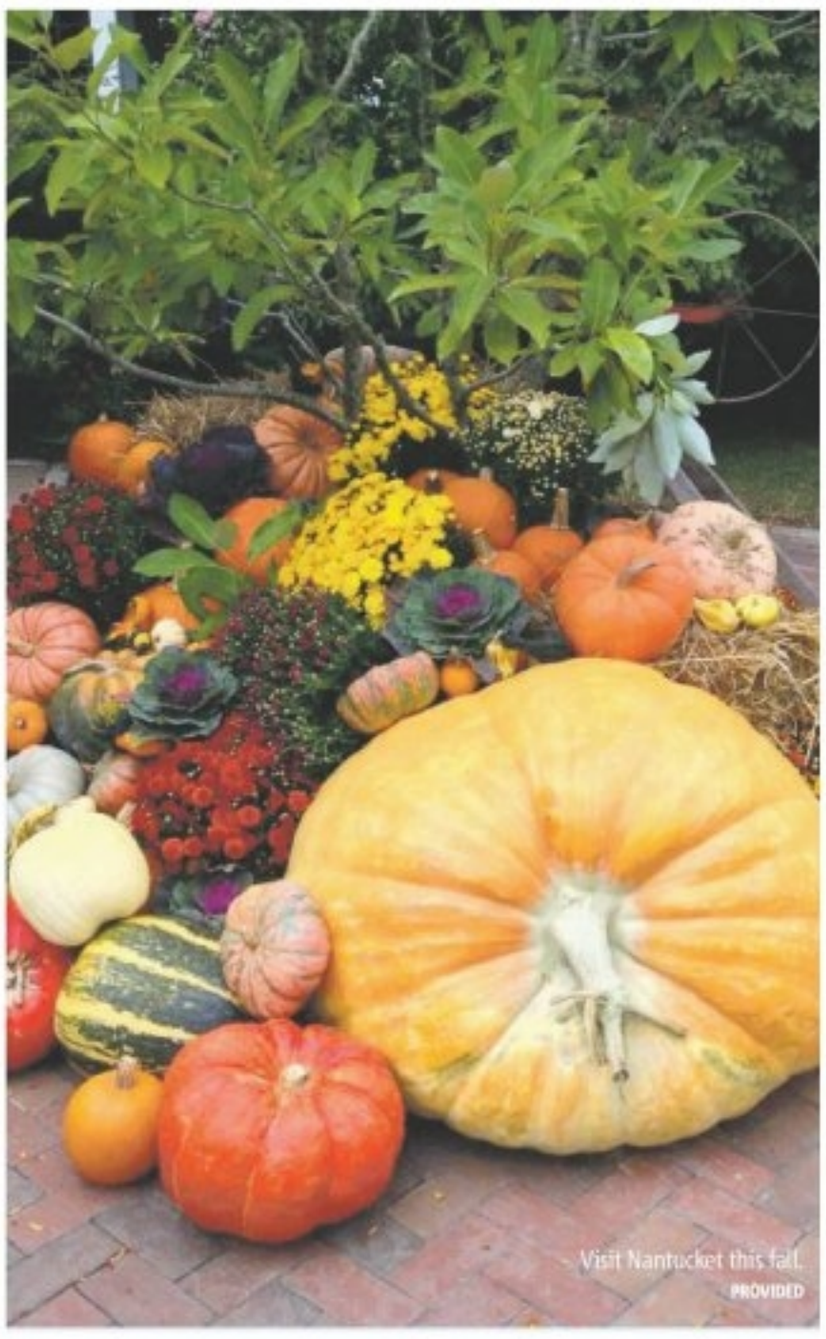

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The island is the perfect place to visit this autumn.

KATELYN CHEF
letters@metro.us

The picturesque cobblestone streets of Nantucket are freshly painted with fall leaves.

Now is the time to plan your trip to the charming New England island. If you thought the whale-shaped isle was beautiful in the summer, you haven't seen it in autumn—there's plenty to do!

Fall on the waterfront

November marks the start of Nantucket Bay scallop season. These delicious scallops (and the dishes they inspire) are curated by the chilly waters of the Nantucket Sound and are collected from the island's native inshore eelgrass. Stop by two well-known island restaurants, Brant Point Grill or Topper's to give 'em a shuck and a taste.

Just because autumn has made its way back to the tiny island doesn't mean the lobsters have gone on a holiday. Guests who want to take their taste buds to the sea can board The Wauwinet Lady each Tuesday and Thursday with Captain Rob for a hands-on-lobstering experience. Fall on the island is truly an autumn shell-ebration.

Avid fishermen (and women) can try their hand at surfcasting, where lines are cast directly from the shores of Atlantic Hotel's private beach. Complimentary lessons are provided on Mondays, Wednesdays and Fridays.

ACK for the holidays

The White Elephant's Brandt Point Grill hosts its annual Thanksgiving Buffet on Nov. 22 from 11 a.m. to 7 p.m. Here, foodies can fill their plates while enjoying the coastal views out onto the restaurant's lawn. All of the traditional fixings such as turkey, mashed potatoes and stuffing will be served. Coastal dishes such as clam chowder and a plentiful raw bar will be on the Thanksgiving menu too. Menus are priced at $85 for adults and $35 for children 4-12; children under 4 dine for free.

The highly awaited Nantucket Christmas Stroll will commence from Nov. 30 to Dec. 2. This year will mark the 45th anniversary of the Christmas Stoll where downtown Nantucket is transformed into a winter-holiday utopia. Shoppers (and photographers) will see hundreds of 7-foot Christmas trees lining the cobblestone streets as well as costumed carolers, live performances on Maine Street, treats at the local shops and also Santa Claus at the historic Jared Coffin house. Now, doesn't that all sound all so very merry?

Book your stay

OK, you're ready to book your ticket to ACK this new season … where to stay? The cool thing about the cooler island temperature is that rates and room prices drop too at the Nantucket Island Resorts. Look at additional incentives via the Hot Dates, Cool Rates promotion, which falls an additional 20 percent for stays on Sunday, Monday and Tuesday nights.

SPORTS

Cleveland Browns running back Duke Johnson might be getting back into the fantasy fray this week. GETTY IMAGES

FANTASY FOOTBALL: AVOID AP, WATCH OUT FOR DUKE

OPINION

BILL DUBIEL

Bill Dubiel is a fantasy football expert at Rotoballer.com and Metro.us

CLEVELAND REMEMBERS DUKE JOHNSON

Crazy what happens when you give one of the best pass-catching running backs a few targets, huh?

It turns out all it took was the firing of Hue Jackson and Todd Haley to unleash Duke Johnson's full potential.

Johnson hauled in nine passes for 78 yards and two scores in Week 9, and given the lack of wide receiving depth on the Browns, that kind of usage is unlikely to go anywhere. Consider Johnson an RB2 for PPR leagues moving forward, as rookie QB Baker Mayfield will continue to rely on short gains and slants whenever he's able so that the offense continues to move.

INJURY CLEARS PATH FOR MVS

With Geronimo Allison headed to the IR with a core injury, the door is open for rookie Marquez Valdes-Scantling to assume a starting role opposite Davante Adams in Green Bay. Randall Cobb is still the de facto slot threat for Aaron Rodgers and Davante Adams is his go-to when he has to move the chains, but Valdes-Scantling has shown some real big-play potential in his rookie season, with two 100-yard games and two touchdowns already under his belt. Any role in the Green Bay passing attack has value, and with four double-digit fantasy outings in his last four games, the man they call "MVS" is proving that on a weekly basis.

OFFENSIVE LINE CRUMBLING IN WASHINGTON

The Washington Redskins offensive line wasn't great to begin with this season, but Adrian Peterson has found his way to some productive fantasy outings nonetheless. Unfortunately for Peterson, starting guards Shawn Lauvao and Brandon Scherff were both lost to season-ending injuries in the Redskins' Week 9 loss to the Falcons. Defenses will knowingly apply the pressure to Alex Smith, and Peterson will be hard-pressed to find any running room. With pass-catching specialist Chris Thompson about to return from injury, expect Smith to be throwing a ton moving forward. Peterson will be left in the lurch.

NFL SLEEPERS OF THE WEEK

Jeff Heuerman, TE, Denver Broncos – With Demaryius Thomas shipped off to Houston, it was Heuerman and not Emmanuel Sanders who saw an increase in targets. Heuerman should be a low-end TE1 moving forward as he improves his chemistry with Case Keenum.

Christian Kirk, WR, Arizona Cardinals — With Mike McCoy no longer calling plays, the Cardinals offense opened up. Larry Fitzgerald is still the main vertical threat, but Kirk's connection with rookie QB Josh Rosen is undeniable.

D'Onta Foreman, RB, Houston Texans – A healthy Lamar Miller was out-touched by career backup Alfred Blue last week, meaning the door is open for Foreman to establish himself as the primary option in the Texans backfield now that he's returning from injury.

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Phillies interested in Japanese star

Yusei Kikuchi is ready to make the jump from the NPB.

JOVAN ALFORD
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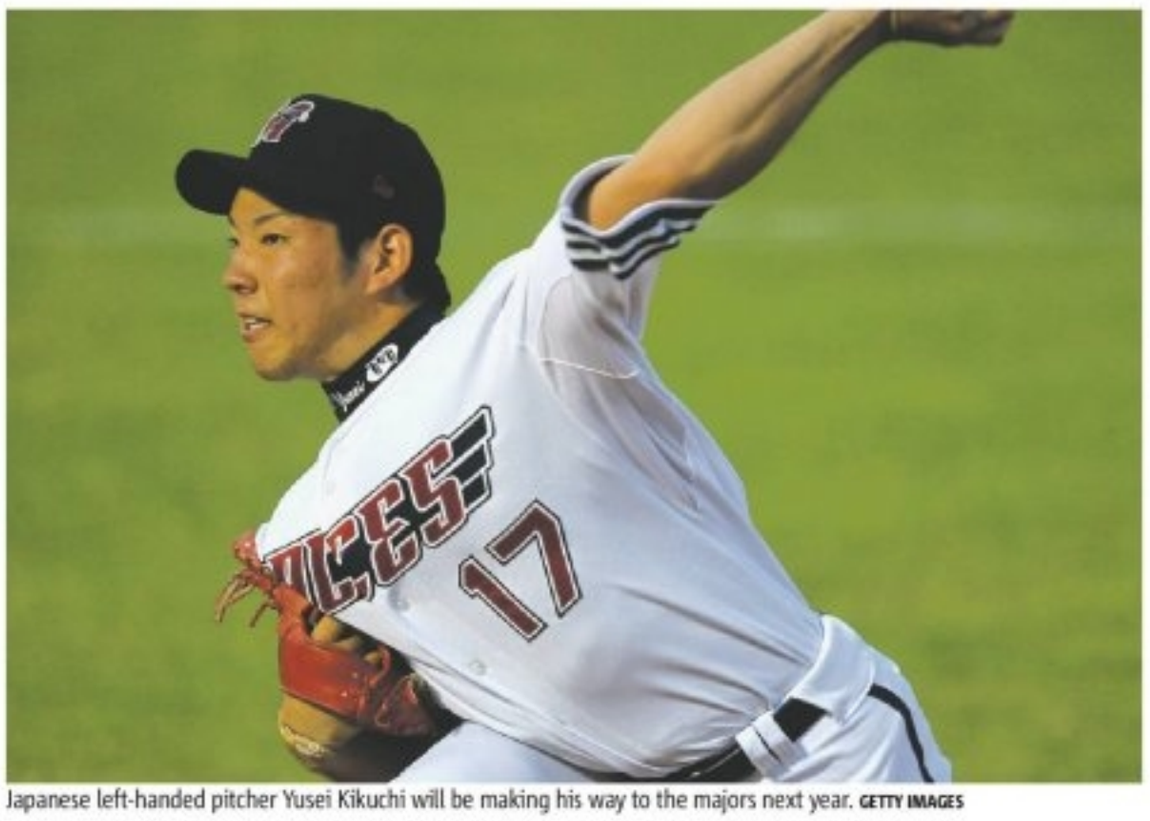

Japanese left-handed pitcher Yusei Kikuchi will be making his way to the majors next year. GETTY IMAGES

On Monday, MLB Network Insider Ken Rosenthal reported that the Philadelphia Phillies are expected to pursue front-line free agent starter Patrick Corbin. However, that is not the only pitcher they are interested in.

Jon Heyman of Fancred Sports reported that the Phillies, Los Angeles Dodgers, and San Diego Padres are among the teams interested in Japanese left-hander Yusei Kikuchi.

The Seibu Lions of Japan's Nippon Professional Baseball League agreed to make the 27-year-old available through the posting system. If you are not familiar with the posting system, it allows Kikuchi to freely negotiate a contract with an MLB team.

Furthermore, NPB teams must make player postings between the dates of Nov. 1 and Dec. 5 and allow a 30-day negotiation window. Heyman also mentioned in his report that Kikuchi hired Boras Corp. to represent him.

This season with the Lions, Kikuchi posted a record of 14-4 with an ERA of 3.08 to go along with 153 strikeouts in 163.2 innings pitched.

Those are very impressive numbers for the 27-year-old, who missed some time this year with left shoulder stiffness. If the Phillies were able to outbid both the Dodgers and Padres for Kikuchi's services, it would give them a huge boost to their starting rotation.

Last season, Aaron Nola showed why he was the ace of the staff and in consideration for the N.L. Cy Young award. The 24-year-old starter racked up a career-high 17 wins, 2.37 ERA and 224 strikeouts in 212.1 innings pitched.

However, outside of Nola, veteran Jake Arietta struggled during various points of the season, while back-end starters Nick Pivetta and Vince Velasquez were inconsistent.

The Phillies hoped to have Jerad Eickhoff full-time this past season, but he missed most of the year with an injury. Nevertheless, he did make three appearances (started in one game) and should be ready to go in 2019.

With question marks surrounding both Pivetta and Vince Velasquez in regards to next season, Kikuchi could slide in as the Phillies' third starter. Jon Paul Morosi of MLB.com reported earlier this season that numerous MLB scouts think that the Seibu standout could become a No. 2 starter in the majors.

That would be a great look for the Phillies, especially if they do not win the Corbin sweepstakes. Also in Morosi's report, those same scouts said that Kikuchi has a fastball, which has been clocked at between 92-94 mph and can reach 96.

Over the next few weeks, it should be interesting to see how the market eventually pans out for Kikuchi. He will have to wait for the bigger-name free-agent starting pitchers to be signed, but once that happens, it is open season.

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For Diabetic Test Strips
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CA$H TODAY!!
FOR DIABETIC TEST STRIPS!!
#1 IN CUSTOMER SERVICE • MOST BRANDS ACCEPTED
WE PAY YOU MORE!! UP TO $60 PER BOX!!
(MUST BE UNOPENED AND NON-EXPIRED TEST STRIPS)
WE PICK UP!
CALL (484) 447-1223
TO SCHEDULE A PICK UP TODAY!

CA$H PAID
FOR DIABETIC TEST STRIPS!
ABSOLUTE TOP VALUE
MOST BRANDS ACCEPTED
PAY UP TO $60 PER BOX
WE PICK UP
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We buy Diabetic Test Strips
We will pay up to $60 per box
We will pick up
— GUARANTEED —
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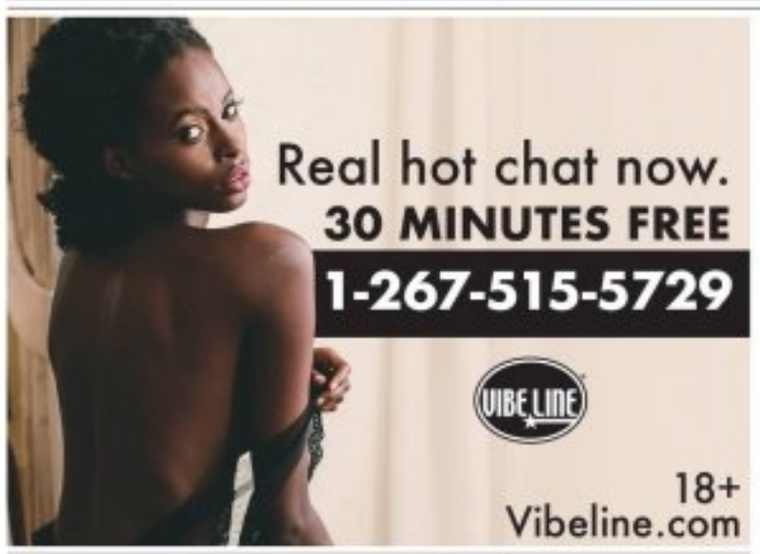

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metro.us/crossword

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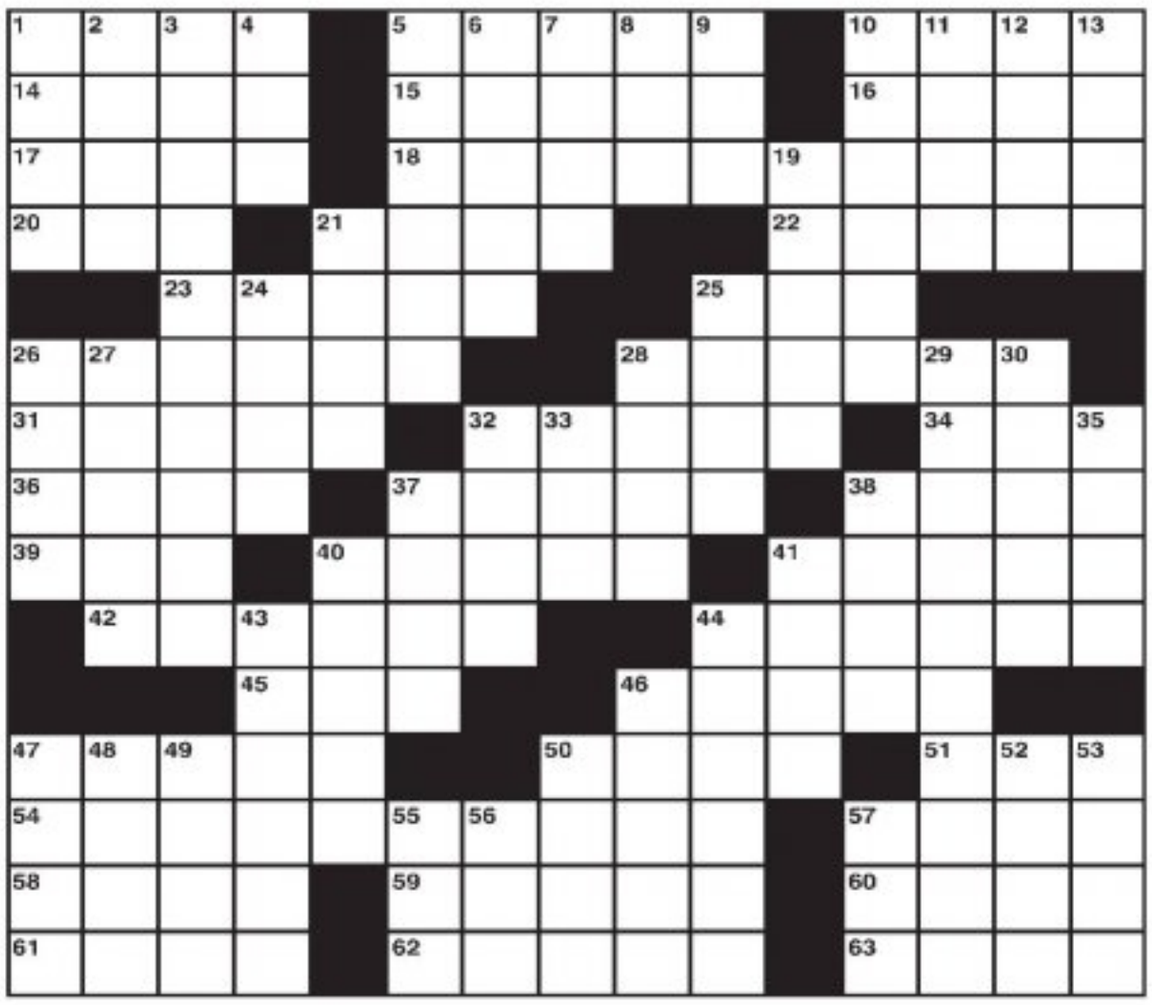

ACROSS

1 Long journey
5 Left-hand ledger entry
10 Decays
14 As a __; generally
15 Fill with joy
16 Honolulu's island
17 Wise __ owl
18 Harassed
20 Affirmative
21 Ailing
22 Blaze residue
23 Stretch of land
25 JFK's predecessor
26 Most bashful
28 Like formal wear
31 Shoestrings
32 "Jack __ could eat no fat..."
34 Bather's spot
36 Zealous
37 Perspiration
38 Office note
39 Word attached to coffee or jack
40 Street talk
41 Accepted standards
42 Young swan
44 Walks leisurely
45 Fishing pole
46 Game of chance
47 Poe's first name
50 At any __; nevertheless
51 Male turkey
54 "Nonsense!"
57 Secretary's error
58 Melancholy
59 Self-confidence
60 Made fun of
61 Candy store chain
62 Grand home
63 Cowboy Autry

DOWN

1 Cafeteria patron's item
2 Trick
3 Stretchiness
4 Griffey Sr. or Griffey Jr.
5 Make a painting of
6 Vote into office
7 Dog's comment
8 "__ Now or Never"
9 20th letter
10 Stirs
11 Vow
12 You, to Shakespeare
13 Lather
19 Police trainee
21 Talk back
24 Donna of old TV
25 "Phooey!"
26 Strike with an open palm
27 Chaos
28 __ one's feet; stall
29 Unfair generalization
30 Delicious
32 Kill a fly
33 Writing instrument
35 Head honcho
37 Winter toy
38 Nearly all
40 Night noise
41 C-sharp or A-flat
43 Student's concerns
44 May honoree
46 Cowboy's rope
47 Recedes
48 Valley
49 Adhesive
50 Picnic spoiler
52 __-minded; willing to reconsider
53 Apple pie à la __
55 Record speed letters
56 __ favor for; help out
57 Price label

metro.us/wordsearch

A	M	T	A	F	C	Z	E	O	O
F	K	N	I	R	D	E	K	D	N
O	M	A	E	Q	F	L	H	E	I
S	Q	A	H	F	I	T	Q	N	C
S	M	N	O	M	A	N	N	I	C
E	A	C	T	F	W	T	T	E	U
R	E	E	U	O	J	A	N	F	P
P	T	F	R	P	L	S	T	F	P
S	S	B	W	Y	S	M	R	A	A
E	T	A	L	O	C	O	H	C	C

Brown
Caffeine
Cappuccino
Chocolate
Cinnamon
Coffee
Cream
Cup
Drink
Espresso
Foam
Hot
Italy
Milk
Steam

metro.us/wander

Category: Music Mixups

	I	W	A
K	Y	T	N
C	O	A	C
A	U	B	K
L	B	N	I

Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

metro.us/sudoku

BY TCA

				2			4	
			3			6	2	
9	2	4	6			5		
1			5				3	8
3		5				2		6
8	6				9			5
		6			3	9	5	4
	3	8			5			
	9			1				

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Yesterday's Answers

■	S	T	E	■	U	T	T	E	R	■	S	P	O	T
T	U	R	N	■	T	R	U	L	Y	■	T	O	G	O
O	M	I	T	■	M	U	S	K	E	T	E	E	R	S
T	O	A	■	D	O	C	K	S	■	H	A	T	E	S
■	■	N	O	I	S	E	■	■	P	A	L	■	■	■
M	A	G	N	E	T	■	■	S	E	T	S	U	P	■
A	D	U	L	T	■	D	A	N	A	S	■	N	A	P
L	I	L	Y	■	R	O	T	O	R	■	B	E	T	A
T	E	A	■	R	E	N	E	W	■	T	O	X	I	C
■	U	R	G	E	N	T	■	■	D	E	S	P	O	T
■	■	■	R	A	T	■	■	R	I	N	S	E	■	■
S	A	B	E	R	■	T	R	E	A	T	■	C	A	P
E	Q	U	E	S	T	R	I	A	N	■	S	T	I	R
L	U	R	K	■	D	E	L	L	A	■	H	E	R	O
F	A	N	S	■	S	E	E	M	S	■	E	D	S	■

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- Lactose Intolerance
- Liver Disease
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